

WEWC IOP Patient Treatment Goals

During my treatment, I feel that the three most important issues I need to address are:

1. _____
2. _____
3. _____

One are of “unfinished business” I would like to address is (past events, relationships):

1. _____
2. _____
3. _____

I feel that I could experience an improved quality of relationships if I could learn to:

1. _____
2. _____
3. _____

Strengths that I possess that I believe will be helpful in therapy are:

1. _____
2. _____
3. _____

I would like a Family Session scheduled to include the following people:

Patient Signature

Date