

Using Lorazepam (Ativan) to Treat Symptoms

Doctors might give you a medicine called lorazepam, which is also known by the brand name Ativan. It is a safe and helpful medicine for treating anxiety.

Lorazepam is available in liquid form. This guide talks about the kind of liquid lorazepam that has 2 mg in every 1 ml of liquid (called 2 mg/ml).

How to take it

You can take lorazepam by putting it under your tongue or between your cheek and gums. It can also be mixed with a little water, juice, or soft food like applesauce.

How to measure your dose

Your nurse will tell you how much lorazepam to take and how often to take it.

Your nurse might give you oral syringes (syringes without needles) with the right amount of lorazepam already in them. You could also get an empty syringe to fill them yourself. The table below shows how much lorazepam is in each amount of liquid and how far to fill the syringe for each dose.

Dosing table for morphine 20 mg/ml

Dose of lorazepam (mg):	Amount of liquid (ml):	Fill the syringe:
0.5 mg	0.25 ml	Half way between 0.2 and 0.3
1 mg	0.5 ml	To the 0.5 mark
2 mg	1.0 ml	To the 1.0 mark

Picture of oral syringe showing lorazepam (Ativan) doses

