Choosing the right care

<table>
<thead>
<tr>
<th>Goals of care</th>
<th>Home Health Care</th>
<th>Palliative Care</th>
<th>Hospice Care</th>
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</thead>
<tbody>
<tr>
<td>Home Health Care</td>
<td>Curative or rehabilitative primarily, focused on medical needs.</td>
<td>Specialized medical care for people with serious illness. Goal is to reduce symptoms and improve quality of life for patient and family.</td>
<td>Specialty practice for people with serious illness. Goal is to reduce symptoms and improve quality of life for patient and family.</td>
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<tr>
<td>Palliative Care</td>
<td>Same eligibility criteria as traditional home health care. Designed for those with serious illness who may be receiving treatment.</td>
<td>Provided to persons with a chronic or serious illness who may be receiving treatment. Requires referral from primary care provider or specialty provider.</td>
<td>Provided to persons with a life expectancy measured in months rather than years. Not required to be homebound.</td>
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<tr>
<td>Hospice Care</td>
<td>Nurse practitioner and trained team of palliative care experts including social workers and chaplain.</td>
<td>Consultative and collaborative specialty provider visits for • Pain and symptom management • Emotional and spiritual support • Person-centered care guided by individual values and preferences</td>
<td>Comprehensive program providing all care and services related to the palliation of the terminal illness. • Pain and symptom management • Emotional and spiritual support • Assistance with personal care • Durable Medical Equipment • Supplies and medications related to the hospice care at home • Short-term inpatient care • Bereavement support • Respite care is also covered as needed</td>
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### Who provides the care?

- **Home Health Care**: A team of home care professionals including nurses, therapists, social workers, dietitians, and home health aides in collaboration with primary care physician.
- **Palliative Care**: A specially trained team of palliative care experts including nurses, therapists, social workers, dietitians, and home health aides together with primary care physician.
- **Hospice Care**: A specially trained team of hospice care experts including the primary physician, hospice medical director, nurses, social workers, hospice aides, spiritual counselors, dietitians, therapists, and volunteers.

### What is provided?

- **Home Health Care**: Maintain or restore level of function or health by • Treating illness or injury • Teaching self-management of chronic illness • Promoting home safety and independence
- **Palliative Care**: Specialty Home Health services with a focus on • Pain and symptom management • Emotional and spiritual support • Person-centered care guided by individual values and preferences
- **Hospice Care**: Consultative and collaborative specialty provider visits for • Pain and symptom management • Advance care planning • Coordination of care • Emotional and spiritual support • Resource for support programs in the community

### Who pays for care?

- **Home Health Care**: Medicare, Medicaid, and most Insurance companies.
- **Palliative Care**: Medicare, Medicaid, and most Insurance companies.
- **Hospice Care**: Medicare, Medicaid, and most Insurance companies under specialty coverage.