In Case of Emergency (I.C.E.) form

Instructions:

- Fill out this form with your personal information.
- Place it back into the I.C.E. pack cylinder.
- Place the cylinder in your refrigerator.
- Place the enclosed sticker on the outside of your refrigerator to let EMS know where they can find your I.C.E. pack.
- ** You may also want to keep a 2nd copy with you while you travel. And make sure to keep the information up to date.

To download additional copies of the **I.C.E.** form, please visit **www.mainlinehealth.org/ER**

Name:	Allergies:
Address:	
	Medications:
Emergency Contact (Name & Phone #):	
Primary Physician:	Date of Birth:
Primary Physician's Phone #:	Social Security Number (optional):
Specialist:	
Health Insurance Company:	Major Illnesses/Surgeries:
ID#:	
Name on Card:	_
Medicare #:	
Medical Power of Attorney:	
•	Date of Last Tetanus Shot:
Date Card Completed:	
Telephone #:	
Blood Type:	
Use this space for notes, questions or any othe	

Always call 911 in an emergency!

1.866.CALL.MLH mainlinehealth.org

