



Reducing Hospital Readmissions: What Every Therapist Should Know

- Overview:** This course is designed for therapy professionals seeking to deepen their understanding of hospital readmissions and enhance their clinical decision-making to improve patient outcomes. This session explores the multifaceted causes of readmissions, including clinical, personal, and socioeconomic factors, and provides actionable strategies for intervention and prevention. Participants will examine current trends and diagnoses with the highest readmission rates, assess risk factors in vulnerable populations, and review clinical presentations of common conditions.
- Audience:** Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapy Assistants, Speech Language Pathologists
- Presenters:** Megan Leary, PT, DPT
Physical Therapist, Main Line Health Home Care & Hospice
- Objectives:** At the completion of this course, the learner will be able to:
- Identify trends and contributing factors resulting in hospital readmissions
 - Discuss risk and contributing factors in certain patient populations
 - Discuss clinical signs & symptoms and clinical presentation of diagnoses associated with high readmission risk
 - Establish treatment plan and interprofessional referrals

Program Date: November 5, 2026

Program Length: 5:30 pm to 7:30 pm

Program Location: Virtual—zoom

Program Registration: <https://www.mainlinehealth.org/rehabeducation>

Program Cost: \$20.00

Program Agenda:

Time	Major Topics
5:30 pm	Readmission data related to high-risk diagnoses readmission
5:40 pm	Risk factors associated with readmission • Personal factors • Activity levels • Co-morbidities
5:55 pm	Clinical presentation of high-risk diagnoses • Sepsis • UTI • Pneumonia • CHF • Electrolyte disorders

6:35 pm	Socioeconomic factors
6:45 pm	Therapy interventions Modification of plan of care Referral
7:05 pm	Case Studies
7:20 pm	Question/Answer
7:30 pm	Adjourn

CE Statement:

- OT: Main Line Health is recognized by the PA State Board of Occupational Therapy as a pre-approved provider. This course is applicable for 2.0 contact hours (0.2 CEUs).
- PT: This course has been approved by the PA State Board of Physical Therapy for 2.0 contact hours (0.2 CEUs).
- Speech:



Participant Satisfaction/Complaint Policy: Program evaluation evaluates participant satisfaction and complaints are handled by designated BMRH representative.

Satisfactory Completion: Requirements for satisfactory completion of this course include full attendance at the course as evidenced by electronic sign-in/sign-out sheet, completion of perceived attainment of course objectives, and self-assessment of how course materials will impact clinical performance and/or outcomes.

Cancellation Policy: Main Line Health reserves the right to cancel an educational event. In the event that Main Line Health cancels the event, participants will be refunded 100% of any registration fees paid.

Participants may cancel their participation in the course. The course tuition is refundable, minus a 20% processing fee, if the cancellation is received in writing at least one week prior to the start date of the course. No refunds or credits will be granted if notice is provided less than one week prior to the start date. No refunds or credits will be granted for no shows.

Faculty Disclosures:

Speaker	Financial	Non-Financial
Megan Leary, PT, DPT	Receives a salary from MLH	No disclosure