

Matters

Congratulations...

IT'S A NEW BIRTHPLACE !



message

FROM LEADERSHIP

As some of you may know, I am retiring this July 2019, after ten wonderful years serving as president of Riddle Hospital. It is difficult to express in words how much my entire time with Riddle Hospital, Main Line Health, and this community has meant to me, both personally and professionally. It has been transformative and empowering, and I will always treasure my experience.

Someone asked me recently about my “formula” or “secret sauce” for success. I believe there is no such thing! However, as I look back—I can name five key elements that have guided my formation: Faith, Family, Friends, Team/Colleagues in Care, and Purposeful/Servant Leadership. Each has offered inspiration, support, counsel, conscience, presence, and a beacon of navigation for me.

Faith: My faith is deep and personal. It involves being of service to others in care, need, relief and well-being.

Family: Family means everything to me. I am blessed to have such a loving and supportive partner and friend, my wife and soulmate, Cindy. Together, we have three treasured daughters, sons-in-law and several grandchildren...with more on the way! My parents instilled great lessons, values and virtues, including: “*Measure twice, cut once*” and “*Anyone can start a job, it’s how you execute and finish it.*” My brothers and I learned humility, empathy, compassion, diligence, respect, patience, forgiveness, integrity, and authenticity. I count family as one of my most valued blessings.

Friends: From my earliest friends to those recently acquired (and some gone far too soon), loyal friends who are insightful and forgiving, steadfast and unwavering, and help keep me in check and balanced. Friends are invaluable and not to be exploited or taken for granted. They are there for us, no matter time or distance.

Team: I believe strongly in the sayings ...there is no “I” in team and, “Teamwork makes the Dreamwork.” It truly does take a village and listening to those who bring knowledge and insight is important to success. I have had the privilege of working with such a wonderful team—colleagues in care who bring truth to power and each of whom plays a pivotal role in advancing the mission, vision and shared values we espouse and live, for the patients and communities we serve.

Leadership: At Main Line Health, I have had the opportunity to work with many phenomenal leaders, including Main Line Health CEO Jack Lynch and Riddle HealthCare Foundation Board Chairman Don Saleski. These colleagues, as well as countless others from the past and present, have helped identify risks and provide rewards (in words and trust), as well as opportunities for growth, development, and support when it was most needed.

It has been an honor to work with such talented, inspiring, colleagues, and leaders—especially Jack and Don—who have crossed a chasm with me and whom I consider dear friends.

Finally, I want to thank you, our valued supporters. You are an integral part of the Riddle Hospital team, and it has been a privilege to get to know many of you personally. Our shared vision and passion has helped to make Riddle Hospital and Main Line Health, among the best places to provide and receive care.

In closing, I believe that life is full of blessings, anchored in purpose—look for them!



Gary L. Perecko, FACHE
President, Riddle Hospital and
The Riddle HealthCare Foundation

Thank you,
Gary

THE RIDDLE HEALTHCARE FOUNDATION

provides a philanthropic venue for members of the community to support the mission and vision of Riddle Hospital.

OUR MISSION

We exist to provide quality healthcare and superior service in order to promote and improve the quality of life in our communities.

OUR VISION

To be the best place to give and receive care.

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On the Cover: Family Matters...Riddle Hospital OB/GYN Dr. Sueny Seeney with Christine and Matt Greco and Sam (age 7), Benjamin (age 5), and Annie (4 months), who were all born in Riddle's Birthplace.

If you prefer not to receive fundraising communications from Riddle Hospital, please go to mainlinehealth.org/optout.



Congratulations... it's a new BIRTHPLACE!

*R*iddle is poised to deliver an even better experience to expectant families in our community. In the winter of 2019, “Riddle Delivers”—our \$5.2M renovation project—will be complete, ushering in a new era for maternity services at Riddle.

Since the hospital first opened its doors in 1963, expectant families have chosen Riddle for their babies’ births. Today, The Birthplace at Riddle Hospital serves nearly 1,000 mothers and their babies each year. The unit was dedicated in 1990 and is now nearly as old as the median age of mothers who deliver here.

While equipment has been upgraded over the years, there have been minimal changes to the environment. Patient rooms, bathrooms, and common areas are worn and outdated, and clinical areas are not configured to operate efficiently. Although Birthplace patients reported being pleased with their care, they rated the environment and facilities negatively.

“A key focus at Main Line Health is to provide a superior patient experience while continually aiming to offer a safe, high-quality healing environment for our patients and an accessible and efficient work environment for staff—and the renovations to The Birthplace will help to fulfill that goal.”

GARY PERECKO
President, Riddle Hospital

Continued on next page

WHAT TO EXPECT

Planned improvements to The Birthplace unit include:

- 18 private patient rooms updated with new cabinetry, flooring, furniture, and renovated bathrooms
- Updated common areas with modern finishes and new flooring
- Centralization of the team station, placing nurses and physicians in closer proximity to patient rooms
- Relocation of labor and delivery rooms, visitor and employee entrances, and the team lounge to improve efficiency and workflow
- Amenities for patients and families will include:
 - New welcome/information desk
 - New family/visitor waiting room with bathroom
 - Sleeper sofas or chairs for spouses/partners to visit in greater comfort
 - New parents' overnight room, allowing parents of baby in the NICU to sleep on the unit



“Riddle has changed tremendously since I joined the staff almost 20 years ago. Now it is a community hospital on steroids. The Birthplace is delivering great care. The team of physicians and nurses is exceptional, but the facility is old. We want to give our patients the best experience.”

DORIS E. TIRADO, MD, FACOG

Riddle Hospital OB/GYN
(Campus Chief 2012-2016)



Don Saleski, Board Chairman, The Riddle HealthCare Foundation with his granddaughter and new grandson, born at The Birthplace.

MODERN FAMILIES CHOOSE MODERN FACILITIES

Now more than ever, women of childbearing age have proven to be savvy consumers. Along with their partners and families, they seek comfort and amenities in a birthing unit, including modern facilities, private rooms, and comfortable accommodations for overnight guests.

A current study reveals that 57% of maternity patients compare birthing suites in their region and decide on a facility before even choosing their physician. The Birthplace is being overlooked as young families travel further away to experience birth in hospitals with more modern maternity units.

ADDRESSING A GROWING NEED

The child-bearing population in Riddle's service area is forecasted to grow 2.5% through 2026. The Birthplace has already experienced a 9% increase in births in the first quarter of 2018 as compared to 2017. To meet the needs of this expanding community, it is increasingly vital that The Birthplace remains a trusted, dependable resource for families.

Riddle is responding to the need by recruiting top-rated obstetricians, adding midwifery services, and committing to a comprehensive renovation of The Birthplace unit. Our two main objectives for the Riddle Delivers project are upgrading and modernizing patient rooms and common areas, and re-designing the core of the unit to improve workflow and utility.

“We are forever grateful for the care we received from all of the doctors and nurses involved in the delivery of our third baby. We felt very much at home and well taken care of. Without your team's quick thinking, things could have turned out much differently. We could not have asked for a better team to deliver all three of our babies!”

THE ZAMPITELLA FAMILY

August 2018

"I couldn't be happier to have joined the Riddle team in 2017. I want mothers in this area to know that they don't need to go downtown for great maternity care. The Birthplace at Riddle is a diamond in the rough and these renovations are going to make it shine!"

PATRICIA N. ISCHIROPOULOS, MD
Riddle Hospital OB/GYN

Construction, which began in January 2019, will be completed in stages to minimize disruption to staff and patients. Upon completion of the project—anticipated in December 2019—The Birthplace will offer families a beautiful new environment with improved patient privacy, comfort and flow, coupled with the advanced technology, outstanding physicians and exceptional nursing staff that continue to deliver peace of mind and confidence to new parents every day.

Recently the Hospital has introduced midwifery services to provide this unique approach to care to the growing number of women who prefer this option for pregnancy, birth, and postpartum care. Our midwives work as part of a collaborative team.

Finally, our facilities and amenities will match our clinical expertise. It's the birth of a whole new experience for generations to come. ■

THANK YOU

MAJOR DONORS TO THE RIDDLE DELIVERS BIRTHPLACE CAMPAIGN:

The Wawa Foundation
Ed and Ellen Hanway
Don and Mary Ann Saleski
Eustace and Sue Mita
Gary and Mary Jo Grove
Jack and Deb Lynch
Gary and Cindy Perecko
Dr. and Mrs. Hassan C. Vakil
Rich and Tara Wood
Natalie Ramsey and Richard Scheff
The Derby Family
Associated Auxiliaries of Riddle Hospital
Kelly and Jim Conlan
Sidley Austin
Selma Rende

NAMING OPPORTUNITIES

The Riddle HealthCare Foundation invites you to consider making a donation to The Birthplace. Gift of \$25,000 or more will be recognized with naming opportunities throughout the unit. For more information, please contact Dan Green, Executive Director of Development, at 484.227.3651 or Greenda@mlhs.org.

SISTERS GIVE BIRTH ON SAME DAY AT RIDDLE HOSPITAL



The Birthplace at Riddle Hospital is where families begin. For sisters Christie O'Meara and Jaime Ferro, it's where family togetherness takes on a whole new meaning. On December 14, 2018, both sisters gave birth on the same day.

O'Meara and Ferro are very close. Born 18 months apart, the two live only five houses away from each other in Milmont Park.

O'Meara has two daughters, ages 3 and 2, and was scheduled to deliver her son, Michael Edward, by Cesarean on December 14. Ferro's baby would be her first.

Once Mikey was born, the family, including the sisters' parents, gathered in O'Meara's room to wait for news about Ferro. Even the nurses were caught up in the excitement, wondering if the two babies would be born on the same day.

Sure enough, Elizabeth Jane Ferro was born that night, setting into motion a connection with her cousin that the two moms hope will be as close as their own.

See page 15 for a photo of cousins Mikey O'Meara and Elle Ferro.

"I have been caring for mothers and babies at Riddle for more than two decades and I see firsthand the steadfast and true commitment this hospital and its caregivers have for this community. The plans to improve The Birthplace will address the needs of a new generation of families."

DARIA C. YANEZ, MD
Riddle Hospital Campus Chief, OB/GYN

THE ask

Q&A

We asked three Riddle Hospital clinicians to think about women's health and offer advice in their specialty.

MAUREEN E. BUCKLEY, MD
Family Medicine Physician

JOSEPH T. SINCAVAGE, MD
Obstetrician/Gynecologist

ELIZABETH BLAND, MSW, LCSW
*Licensed Clinical Social Worker/
Program Manager, Women's Emotional
Wellness Center*

*Question: What advice do you have
for women...*

*...who want to improve
their health?*

Answer:

MAUREEN E. BUCKLEY, MD
Family Medicine Physician

Stop smoking. Smoking contributes to cancer, heart attack and stroke risk. Your primary care doctor can discuss behavioral changes, tobacco cessation programs, and pharmaceutical options that can help you quit, and can check in with you regularly to make sure you are no longer smoking. I also advise women to prioritize exercise. Women have so many stressors that exercise falls to the side when trying to manage so much. I advise my patients to aim for 150 minutes of activity a week. They can schedule it and set reminders on their phone to make sure they are fitting it in. Even ten-minute bursts of brisk walking are great for heart and lung health. Finally, I suggest that women make healthy eating a family activity. All members can help plan and make healthy meals. It is suggested to eat five servings of fruits and vegetables a day, cut back on fattier meats, and have plenty of water. A bonus is that all of these choices model healthier behaviors for children.



Question: What advice do you have for women...

...who want to improve their mental health?

Answer:

ELIZABETH BLAND, MSW, LCSW

*Licensed Clinical Social Worker/Program Manager,
Women's Emotional Wellness Center*

Women are overworked and overstressed, with enormous pressures—both societal and self-inflicted—weighing on us every day. I believe it is essential that we make ourselves a priority. One way to do that is through mindfulness, starting with taking inventory of our lives and asking what we really need. We need to check in with ourselves throughout the day and ask, How do I feel in this moment? What do I need? Other suggestions include watching our tendencies for perfection. Engaging more mindfully in social media and paying attention to how we feel while scrolling through Facebook or watching the news. Saying “no” to requests and learning to be okay with the guilt, rather than making decisions out of guilt or some other uncomfortable emotion. Taking a moment to just breathe deeply. Asking for help. A professional can help you identify ways to prioritize your needs. Therapy groups can also be powerful, enabling women to have honest conversations about the issues with which we struggle and identifying coping strategies. We run weekly mindfulness groups at the Women's Emotional Wellness Center that have been very helpful. ■



...who are in their menopause years?

Answer:

JOSEPH T. SINCAVAGE, MD

Obstetrician/Gynecologist

It's important to know that when a woman reaches menopause, she is at a higher risk for developing certain diseases. These include osteoporosis, heart disease and certain female cancers. A woman's risk for breast cancer, ovarian cancer and uterine cancer will increase and continue to do so until she is well into her eighties. For these reasons, it is prudent that a woman continue to have a relationship with her gynecologic provider even after she goes through “the change.”





1

2019 Man O'War— An Evening at the Races

The 2019 *Man O'War—An Evening at the Races* event was held on Saturday April 6, 2019 at the Springfield Country Club with 530 guests in attendance and a record \$300,000 raised. The popular annual event draws extraordinary support for Riddle Hospital, with attendees dressed in festive Kentucky Derby-style dancing, cheering on their horses, shopping the silent auction, and much more. Chaired by Riddle HealthCare Foundation Board Member Kelly Conlan and her husband Jim, Kelly stated, “We are thrilled that you have joined us here tonight as we celebrate one person who has been instrumental in Riddle Hospital’s dramatic transformation over the past decade: Mr. Gary Perecko. We are grateful for our highly engaged Board of Directors, more than 65 sponsors, and countless supporters who made this incredible night possible.”



2



3



4



5



1 Foundation Chair Don Saleski with honoree Gary Perecko and Main Line Health President and CEO Jack Lynch 2 Don Mahoney and Lisa Detwiler 3 Christine and Dr. Joseph Sincavage

4 Donna Fink, Selma Rende and Will Fink

5 Event Co-Chairs Kelly and Jim Conlan; Mary Ann Saleski 6 Dr. David Thomas,

Dr. Jerry Francesco, Nickie Francesco, Jo Anne Thomas, Mary and Bill O'Shea 7 Cindy and Jay Culotta, Rich Wood, Brooks Culotta, Krista and Tom Rachubinski

8 Top Row: Cynthia DeFidelto and Michael Medway, Esq., Dr. Pedro and Mary Beredjiklian, Samantha and Dr. Charles Getz, Bottom Row: Jim and Debbie Pitts, Dr. Ronald and Jen Lohner



6



7



8

9 Richard Scheff and Natalie Ramsey
10 Michael, Marilyn, Lauren and Pete Derby
11 Dan and Maria Doyle **12** Eustace and Susanne Mita
13 The Perecko Family: Todd and Monica McMullen,
 Justin and Marie Occhiogrosso, Honoree Gary and Cindy
 Perecko, Megan and Oliver Lindsay **14** Drs. Charmaine
 and Sean Wright **15** David and Susan Hackett, Tara
 and Rich Wood **16** David Burnett and Dr. Peter Sharkey
17 Dr. Jeffrey Vakil, Mark Vakil, Esq.,
 Dr. Hassan and Virgie Vakil, Esq.



2019 HONOREE

Gary Perecko became President of Riddle Hospital in 2009 and has led its transformation over the past 10 years. In addition to confidently executing day-to-day operational performance and accountability, he tirelessly leads strategic and long-range planning for clinical programs, services and facilities, financial planning and performance, as well as philanthropy.

Gary's dynamic leadership style, infectious enthusiasm, and genuine commitment helped pave the way for many groundbreaking achievements including Top 20 regional and Top 30 Pennsylvania *U.S. News and World Report* status, a new Emergency Department, and national accreditation.

He has made a real difference in the planning and delivery of health care by engendering a positive, caring work environment, with an exceptional trusting partnership between caregivers, leadership, volunteers, and the community.

"This is the true joy in life, being used for a purpose recognized by yourself as a mighty one. Being a force of nature instead of a feverish, selfish little clod of ailments and grievances, complaining that the world will not devote itself to making you happy. I am of the opinion that my life belongs to the whole community and as long as I live, it is my privilege to do for it what I can. I want to be thoroughly used up when I die, for the harder I work, the more I live. I rejoice in life for its own sake. Life is no brief candle to me. It is a sort of splendid torch which I have got hold of for the moment and I want to make it burn as brightly as possible before handing it on to future generations."

George Bernard Shaw

THANK YOU TO OUR 2019 MAJOR MAN O'WAR SPONSORS

CROWN SPONSORS
 Perecko Family and Friends
 Dr. and Mrs. Hassan C. Vakil
 The Wawa Foundation

WIN SPONSORS
 Sidley Austin
 Kelly and Jim Conlan
 Main Line Health
 Natalie Ramsey and Richard C. Scheff
 Rothman Orthopaedics

2018 Riddle Pro-Am Golf Classic



The 2018 Riddle Pro-Am Golf Classic Winning Team (from left): John Grove, Stu Ingraham, Donna Dalusio, Karen Bogosian and Foundation Board Chair and Philadelphia Flyer Alum Don Saleski

More than 120 golfers enjoyed DuPont Country Club's championship course at Riddle Hospital's 36th Annual Pro-Am Golf Classic Tournament on September 13, 2018, with more than \$70,000 raised to benefit Riddle's Emergency Medical Services (EMS).

The event was chaired by Foundation board members Bill O'Shea and Chris Smith. Don Saleski's team won the competition for the second year in a row.



Shaun Essex, Ed McKillip, Riddle Foundation board members Chris Smith and Brian Coyle

SAVE THE DATE



Thursday, September 12, 2019

DuPont Country Club
Wilmington, Delaware

Thank You Event

More than 90 members of the Samuel D. Riddle Society who support Riddle with annual gifts of \$1,000 or more, enjoyed a celebratory event on October 25, 2018 at The Springhaven Club. Main Line Health President and CEO Jack Lynch, Foundation Board Chair Don Saleski and President Gary Perecko thanked guests for their generosity, which allows Riddle to provide the best care to our community.



1 Dr. Stuart Barish, Dr. Lee Bogart and Marilyn Bogart 2 Dr. Loren Buhle and Alycia Mahlon-Buhle 3 Sofia and Mike Magnavita, Beverly French Taylor and Bill Taylor 4 Judy and Walter Strine, Theresa Murtagh 5 Dottie and Dr. Guy Nardella



Run for Riddle 5K

With 87 runners, 40 walkers and 11 tots crossing the finish line, the Run for Riddle 5K took place on October 13th, 2018 at beautiful Ridley Creek State Park. More than 42 volunteers contributed to make this a fun and successful event. With 30 major sponsors, 110 donors, and 26 committee members, more than \$11,000 was raised to benefit the NICU at Riddle! This was truly a team effort, which promoted health and wellness across the system and the wider community! Special appreciation goes to 5K Chair Amy Smith (wife of Riddle Foundation board member Chris Smith) and to Main Line Health Marketing Manager Jamie Rogers.



1 Celebrating at the Run for Riddle 5K, from left: Rosemarie Mason, Amanda Arrighetta, Marguerite Fritsch, Ericalea Decker, Pat Vassell, Eileen Morgan, Jane Phillips-Jones 2 Riddle Hospital's Neonatal Intensive Care Unit (NICU) was presented with a \$11,066 check from The Associated Auxiliaries of Riddle Hospital as net proceeds from the Run for Riddle 5K and Family Fun Walk. From left: NICU nurse Sue Hennessy, RN; Marguerite Fritsch, MSN, RNC-NIC, NE-BC; Kathy Warren, Associated Auxiliaries President; Dan Green, Riddle HealthCare Foundation Executive Director; Gina Lee, Riddle HealthCare Foundation Associate Director and Run for Riddle Race Director; Alycia Mahlon-Buhle, Associated Auxiliaries Treasurer; and NICU nurse Kim Statler, RN.

Partnering to Improve Emergency Care



Radiologists, emergency physicians and patients at Riddle collaborated to reduce unnecessary CT imaging for pulmonary embolism (PE). Together they achieved a 45 percent improvement.

PE occurs when a blood clot dislodges from a vein and travels to the lungs. The life-threatening condition affects an estimated 300,000–600,000 Americans each year.¹

Because it can be difficult to diagnose, emergency department (ED) physicians order chest CTs out of caution, resulting in elevated health care costs and increased radiation exposure. Two Riddle physicians set out to change that.

Ashima Lall, MD, MBA, FACHE, director of PET/CT at Riddle and system chief of performance improvement for Radiology Associates of the Main Line, partnered with Rebecca L. Pasdon, DO, an emergency physician at Riddle, to improve appropriate CT imaging and enhance patient safety.

Utilizing a platform from the American College of Radiology called R-SCAN™ (Radiology Support, Communication and Alignment Network), the physicians analyzed dozens of cases of suspected PE for which CTs were ordered. Their research revealed that 63 percent of the CTs that were ordered during the three-month retrospective review were unwarranted.

Using these findings, they met with ED physicians to review up-to-date criteria for CT imaging and taught the physicians to utilize R-SCAN tools for determining when screening is appropriate.

In addition, the pair shared *Choosing Wisely* educational handouts with input from Riddle's Patient Family Advisory Committee. Written in patient-friendly language, the handouts describe the symptoms of PE as well as the possible risks associated with radiation from CT imaging.

Drs. Lall and Pasdon collected feedback from patients about the educational materials and were pleased to note a positive response overall.

"Patients want to be involved in their care. When patients understand what's happening to them, they are more actively engaged and empowered. Giving them even this small piece of the puzzle is really important," said Pasdon. ■

SHARING OUR SUCCESS

This R-SCAN pilot project was presented at the CMS National Quality Meeting in 2018. Drs. Lall and Pasdon were the first to add a patient engagement component to the R-SCAN project. They are currently creating a patient engagement toolkit that will be made available to physician practices nationwide via ACR's R-SCAN website.

¹National Heart, Lung and Blood Institute. What is Pulmonary Embolism. <https://www.nhlbi.nih.gov/health-topics/pulmonary-embolism>

NEW FACES IN THE RIDDLE HEALTHCARE FOUNDATION

The Riddle HealthCare Foundation welcomes new Board Members Lisa Detwiler, Maria Doyle, Nick Gaudiosi and Mike Magnavita, as well as new Executive Director of Development Dan Green. In their roles, they assist with the foundation's fundraising efforts for Riddle Hospital and help fulfill the foundation's mission to improve the quality of life in the communities we serve.

Lisa Detwiler is the senior vice president, general counsel and chief compliance officer of FS Investment Solutions. She has more than 25 years of experience representing a variety of financial institutions in regulatory, transactional, and governance matters. Lisa received her JD from the University of Pittsburgh School of Law, and her BA cum laude from Mount Holyoke College.



Lisa has been active in federal, state, and local bar associations, including serving as chair of the Pennsylvania Bar Association's Business Law section. In 2016, she was recognized with the *Philadelphia Business Journal's* Women of Distinction Award. She serves on numerous civic and charitable boards, currently including the executive leadership team for the American Heart Association's Go Red for Women campaign; the Board of Directors of The Forum of Executive Women, Philadelphia VIP, and the Committee of Seventy; and as a Trustee of Westover School.

Nicholas S. Gaudiosi is a seasoned healthcare and insurance executive having worked in the fields of reinsurance, medical malpractice, health insurance and healthcare technology. Currently he is the head of development for a digital health technology company focused on mental health and behavioral disorders. Previously Nick was a senior executive at a \$1B healthcare insurance and investment holding company where he oversaw the corporate and business development efforts. For over 10 years he was COO for an insurance management company owned by a large international law firm, expanding the business and eventually selling it to a large group of physicians. Nick is a graduate of the Haub School of Business at St. Joseph's University and Malvern Preparatory School. A long-time board member of the Philadelphia Boys Choir & Chorale, Nick resides in Glen Mills with his wife Natalie and three young children. Nick is an avid golfer and enjoys being outdoors, landscaping and hiking.



Michael B. Magnavita, CPA, was named president and CEO of Franklin Mint Federal Credit Union in April 2018. He previously served as executive vice president and chief financial officer, starting his FMFCU career in 1987 as controller.

Mike presently serves on the board of directors of the Delaware County Community College Educational Foundation, Good Fellowship Ambulance & EMS Training Institute, and White Horse Village.

He was also a past board member and treasurer of the Delaware Valley Chapter of the Credit Union Executive Society. A graduate of La Salle University, Magnavita resides in West Chester.

Maria Doyle grew up in Delaware County and has strong ties to the Main Line, Delaware, and Chester counties. She attended Cardinal O'Hara High School and graduated from UCLA as a film major. She started her career as a professional actress working in film, TV, and stage.



In 2010 she began working for Prudential Fox & Roach, now Berkshire Hathaway, and has been an award-winning realtor serving the Main Line and surrounding areas ever since. Maria's husband of 25 years, Dan, is a litigation attorney in Media. Residing in Newtown Square, they are recent empty nesters having put their three children through Episcopal Academy, and enjoy live music, working out, travelling, and attending Broadway shows.



Daniel Green joined The Riddle HealthCare Foundation team as Executive Director of Development in December 2018. Dan was with the American Lung Association since 2016, serving as the Vice President of Development—Mid-Atlantic Region (NJ, PA, DE, MD, VA, WVA and DC). While managing a team of 18 development

professionals and all development operations, Dan also helped create and implement nationwide best practices around leadership boards, planned giving and new development initiatives. Prior to the ALA, he spent six years at the American Heart Association in progressive positions of responsibility. As Senior Business Development Director, he was responsible for managing a team of five heart walk directors and achieving the \$2.2 M Philadelphia Heart Walk goal. A graduate of the University of Delaware with a B.S. degree in Health Behavior Science, Dan lives in Drexel Hill with his wife Jen, who was born at Riddle.

Remembering Steven Derby



Riddle Hospital and The Riddle HealthCare Foundation lost a cherished colleague and friend on November 4, 2018, with the passing of Steven R. Derby at the age of 70.

Steve grew up in the Philadelphia area and lived most recently in Springfield, PA. A graduate of the University of Pennsylvania, he served in the Army and later earned his MBA from Wharton.

Steve worked as Vice President of Development at Riddle Hospital for 20 years, until his retirement in 2017. He was responsible for creating The Riddle HealthCare Foundation and recruiting Foundation board members, personally serving as Vice President and Assistant Secretary for several years. He will be remembered for his dedicated service to the Riddle family and as a beloved friend.

“Steve was a consummate professional and exemplary in his advocacy for Riddle Hospital and the supporting Foundation. His kindness and good nature, as well as his demonstrated work effort and results, were recognized and appreciated by ALL who had the pleasure to interact with him,” said Gary L. Perecko, FACHE, president of Riddle Hospital.

Among his many accomplishments at Riddle were the successful completion of the capital campaign to support the Emergency Department expansion, serving as the Associated Auxiliary’s managing partner of annual Gala events, and hosting one of the most popular golf outings in the region—Riddle’s Pro-Am Golf Classic.

“Steve had a remarkable and indelible impact on the growth of The Riddle HealthCare Foundation and in the trajectory of philanthropy to promote service enhancement for Riddle Hospital and for the patients and communities served. He passed far too soon and is dearly missed as a friend and colleague,” added Perecko.

We extend our condolences to Marilyn, his wife of 48 years, and their children and grandchildren.

Marilyn notes, “My husband devoted his life to his family, his community, and his work. Because Riddle was where our boys and two of our four grandchildren were born, working at Riddle allowed him to combine these central points of his life. Riddle’s community, employees, doctors, donors, and patients became a family to Steve, and he truly loved working there.” ■

Hope springs from research



In a research lab, a scientist takes an experimental immunotherapy he developed, drips it into a petri dish of mouse cancer cells, and peers into a microscope to study the cells' reaction. In another lab, a world-renowned cardiovascular researcher and his team edit a manuscript announcing their much-anticipated findings on the mechanisms that drive inherited cardiac diseases. Upstairs in the vivarium, a regenerative medicine researcher checks the health of mice that were treated with her lab's newest innovation, a drug that holds potential to regrow limbs.

This is a day in the life of the Lankenau Institute for Medical Research (LIMR), a biomedical research facility on the campus of Lankenau Medical Center. This gem within Main Line Health has been at the leading edge of scientific discoveries since its founding in 1927.

LIMR's principal investigators conduct basic, clinical, translational, and population health research seeking to improve disease detection, diagnosis, treatment, and prevention. Its resident faculty members conduct lab-based research on cancer; cardiovascular, autoimmune and gastrointestinal diseases; and regenerative medicine. LIMR's Clinical Research Center administers the approximately 100 clinical trials ongoing at Main Line Health. And the new Main Line Health Population Health Research Center at LIMR serves as a research and educational partner to the System, informing and assessing initiatives to improve the health status and quality of life in the communities we serve.

Lankenau Institute for Medical Research remains at the leading edge of scientific discoveries

A STORIED HISTORY

Founded as one of the first cancer research centers in the nation, LIMR today is at the leading edge of the immunotherapy revolution in health care with the discovery and development of a new class of drugs called IDO inhibitors. Over the decades, Lankenau researchers and their collaborators:

- Were the first to discover a genetic abnormality in cancer, the Philadelphia chromosome, a finding that heralded today's genetics revolution in oncology
- Identified the hepatitis B virus and developed a diagnostic test and vaccine—work that was awarded the 1976 Nobel Prize in Physiology or Medicine
- Led or were actively involved in seminal clinical trials of almost all of the antiarrhythmia drugs and devices prescribed and implanted by cardiac physicians today

“LIMR has a rich history of health care innovations, and we continue to invent and patent our discoveries and run clinical trials,” says George Prendergast, PhD, president and CEO of LIMR. In recent years, several biomedical startups were incubated at LIMR, more than 50 patents were issued or are pending, and many LIMR-patented inventions were licensed.

TRAINING THE NEXT GENERATION

A mainstay of LIMR's mission is education. Medical and surgical residents and specialty fellows perform rotations at LIMR, thus gaining a deeper understanding of the science underlying treatments and clinical practices. The rotations also help enable the continued accreditation of the System's graduate medical education programs for which research is a required element.

Notes Jack Lynch, Main Line Health's president and CEO, “The work done at LIMR fuels the promise of a healthier tomorrow, and serves as a critical component in Main Line Health's mission to improve the lives of all we serve.”

To support LIMR and its mission, visit limr.org.



There are a variety of ways to support Riddle Hospital.

Your gift can provide you with the satisfaction of supporting our mission and securing certain tax advantages.

- 1 DIRECT GIFTS** are the simplest way to make your tax-deductible gift. Send a check payable to **The Riddle HealthCare Foundation** in the enclosed envelope. Or make your secure credit card gift online at: mainlinehealth.org/give-riddle. Just click on **Make a Gift Online!**
- 2 GIFTS OF SECURITIES AND OTHER PROPERTIES** include gifts of appreciated stock, mutual fund shares or other securities and can be a cost-effective way of supporting Riddle. Gifts of real estate, insurance policies or personal property are also welcome.
- 3 PLANNED GIFTS** offer the flexibility of providing for Riddle's future while addressing your personal and financial needs. From a simple bequest in your will to a charitable gift annuity that provides valuable life-income, planned gifts also provide current and future tax benefits.
- 4 MATCHING GIFTS** can increase the value of your gift by taking advantage of your employer's matching gift program, if one is offered. Check with your human resources department, and enclose the matching gift form with your contribution.
- 5 MEMORIALS AND TRIBUTES** remember a loved one or honor a friend, family member, physician or caregiver and are a wonderful way to express your personal appreciation and support Riddle Hospital at the same time.

Thank you.



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Creative Giving



JOIN THE MAN O'WAR SOCIETY

The Man O'War Society, named for Sam Riddle's celebrated racehorse, has been created to provide thanks and recognition to individuals who have made some provision to ensure that Riddle Hospital and The Riddle HealthCare Foundation will continue for generations. To be a member of the Society, an individual will have planned a bequest, created a gift annuity, or in some way planned a gift to Riddle that will carry on their legacy. Individuals with such foresight and generosity enjoy the benefits of recognition during their lifetime.

GIFT EXAMPLES

Bequest

For any donors, gifts made through their wills are the best way to make a substantial contribution to the Hospital. Donors can leave specific dollar amounts or a percentage of their estate.

Charitable Gift Annuity

In return for a gift of at least \$10,000, the Foundation will pay the donor and/or a loved one a fixed annual amount for the remainder of their lives. Donors receive partial federal income tax charitable deductions for these gifts.

Life Insurance

A donor may choose to name Riddle as a beneficiary of a qualified retirement plan, such as a 401(k), 403(b), IRA or a life insurance policy that may no longer be needed.

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(484) 227.4701, greenada@mlhs.org or visit us online at riddlehospital.plannedgiving.org