Hospice aromatherapy program

Aromatherapy, also referred to as essential oil therapy, can be defined as the art and science of utilizing naturally extracted aromatic essences from plants to balance, harmonize and promote the health of body, mind and spirit. As such, aromatherapy enhances the physical, emotional, and spiritual care addressed in the hospice plan of care. Aromatherapy, together with other traditional interventions, can reduce common end-of-life symptoms including lack of energy, pain, poor appetite, anxiety, and insomnia.

Made possible through charitable gifts, the Main Line Health Hospice Aromatherapy program provides an...
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- Observing a patient’s physical appearance
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“I met Kathy when she was assigned to be my mother’s hospice nurse. It was only two months of care, but for me and my family, she was a lifetime of love and care which is embodied in our memories along with our mother’s final days. Kathy’s conversations with my mom were heartfelt and genuine. All aspects of my mom’s care were always directed straightly to my mom, so she never felt that her thoughts and input were nothing which can happen to the elderly. “As an organization, you should be grateful to have a person like Kathy representing you. Kathy was an angel on earth, sent to my mom to ease her final journey. Thank you, Kathy—you are truly a beautiful person, inside and out.”

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Tree of Lights (continued)

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Three essential oils are utilized for their therapeutic attributes and uses:

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