# Supervised Consumption Facilities — Review of the Evidence



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## Background — Philadelphia, PA

- Philadelphia Department of Public Health (PDPH) reported 907 deaths attributed to overdose in 2016.1
  - 46.8 overdose deaths per 100,000 city residents
  - 729 of the 907 attributed to opioids
  - More than 3x the rate of Chicago and 4x the rate of New York City
- PDPH estimates around 469,000 individuals used prescription opioids in the past year, and 168,000 individuals currently use prescription opioids.1
- Findings from the 2017 Mayor's Task Force report<sup>2</sup>:
  - Approximately 50,000 people in Philadelphia misused prescription pain medications in the past year.
  - Philadelphia has an estimated 70,000 current heroin users.

#### What are SCFs?

- A Supervised Consumption Facility (SCF) provides a designated space for drug use under the supervision of medical professionals.
- SCFs draw in populations who inject drugs intravenously, providing a touchpoint to engage with populations generally disconnected from other social and public health access points.
  - A SCF in Sydney, Australia, showed that 15,054 people registered to use the Medically Supervised Injection Center, and 10,538 of those had never accessed any local health service prior.<sup>3</sup>
- Today there are over 100 SCFs in 66 cities and 11 countries worldwide.<sup>4</sup>
  - There are currently no "sanctioned" SCFs in the United States.

#### **Harm Reduction and SCFs**

#### **Overdose Mortality Reduction**

- Evidence shows that SCFs have a substantial effect on reducing mortality from overdose.<sup>5</sup>
- A study on overdose mortality near the Insite facility in Vancouver, Canada, found a 35% reduction in mortality within 500 meters of the facility within 3 years of its opening.<sup>6</sup>
- Significant reductions in overdose mortality have been noted in European SCFs.
  - Reductions in mortality are not only sustained but increase over time.
  - Spain's SCF has been credited with reducing overdose deaths by over 50%, from 1,833 in 1991 to 773 by 2008.<sup>7</sup>

#### **Injection Cessation**

- European research on SCF clients (i.e., people who inject drugs [PWID]) has shown increased understanding regarding hygienic and safe injecting practices, as well as a reduction in syringe sharing.<sup>8,9</sup>
- Evidence from Vancouver's Insite SCF has shown clients who regularly visit the facility and have contact with counselors were more likely to seek entry into addiction treatment services.
  - Insite participants (2003 2005) who were part of the Scientific Evaluation of the Supervised Injecting cohort had a 30% increase in detoxification service use referrals attributed to the SCF opening. 10

#### **Reduction of Infections (HIV, HCV)**

- Bacterial infections remain a significant issue for PWIDs due to shared needles, old needles and haste in injecting to avoid detection.
- SCFs worldwide report reduced bacterial infection by providing clean injection equipment, cleaning wounds and identifying serious infections early.<sup>6,11</sup>
- The Insite clinic has provided evidence that SCFs can reduce blood-borne disease transmission by providing clean needles and safer injection education.
  - Analysis of a closed, unsanctioned SCF in Vancouver, Canada, showed that the facility prevented around 30 HIV and 81 HCV cases among PWID annually. 12
- Conservative estimates on the reduction of HCV and HIV cases for a hypothetical SCF in Montreal, Canada, demonstrated each additional SCF would prevent 11 cases of HIV and 65 cases of HCV annually. 13

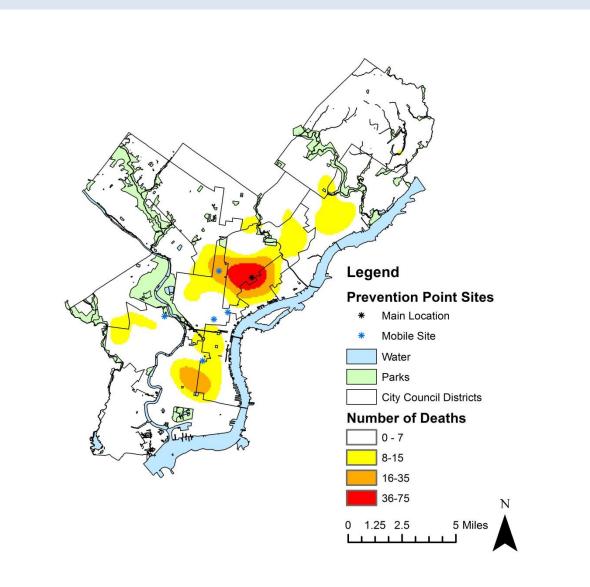
#### **Automobile Crashes**

- Drug-impaired driving is an increasingly serious issue. In 2009, 32.8% of fatally injured drivers tested positive for drugs in the United States, and this rate increased in 2015 to 43%.<sup>14</sup>
- Automobile crashes caused by drivers who overdose on opioids are becoming so common that rescue crews in some areas are immediately administering naloxone to unconscious drivers. 15
- However, we found no evidence reported in the available literature to support or negate a hypothesis that there is increased or decreased drugged driving in communities with a SCF.

# **Neighborhood Disorder**

- Within 10 blocks of the Insite facility, Wood et al. (2004) found that the 12-week period after the facility's opening was independently associated with reductions in the following numbers<sup>16</sup>:
  - injection drug users seen in public, from a daily mean of 4.3 to 2.4
    - publicly discarded syringes found, from a daily mean of 11.5 to 5.4
    - pieces of injection-related litter found, from a daily mean of 601 to 310

#### Incidence of Overdose Deaths in PHL by ZIP, 2016



Largest concentration was in the Kensington neighborhood. Source: Medical Examiner's Office, Philadelphia Department of Public Health

#### **Potential Impacts of a SCF in Philadelphia**

Variable	Low Case	High Case	Units
Population Health			
Estimated SCF-averted HIV infections	1	18	Cases
Estimated SCF-averted HCV infections	15	213	Cases
Marshall et al. (2011) estimated number of annual overdose deaths averted within 500m of SCF <sup>6</sup>	27	48	Deaths
Milloy et al. (2008) estimated number of averted overdose deaths from opening a SCF <sup>17</sup>	24	76	Deaths
Financial Impact			
Estimated annual savings due to SCF skin and soft tissue infection reduction	\$1,512,356	\$1,868,205	
Estimated total value of overdose deaths averted	\$12,462,213	\$74,773,276	
Estimated annual savings due to SCF reducing ambulance calls for overdose	\$123,776		
Estimated annual savings from keeping PWID out of emergency rooms	\$280,683		
Estimated annual savings on hospitals for PWID who overdose	\$247,971		

# **Conclusions**

- SCFs provide cost savings, particularly in hospitalizations and other health services.
- SCFs prevent overdose deaths and reduce neighborhood disorder.
- The City of Philadelphia should develop a thoughtful evaluation that examines the implementation of these services.
  - Evaluation should pay attention to anticipated measurable outcomes that are directly or indirectly related to the selected interventions.

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