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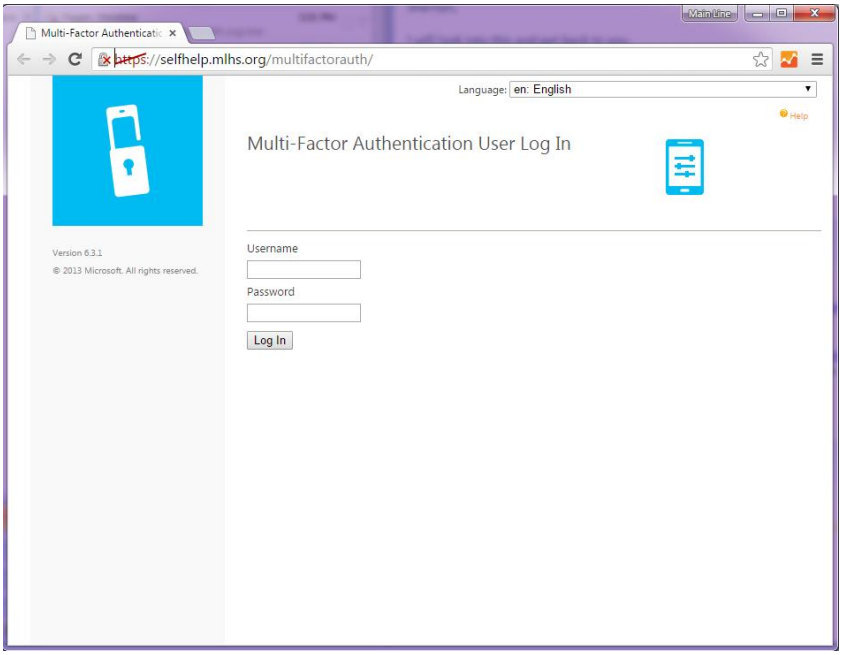
Remote access to MLH systems using ***PhoneFactor***

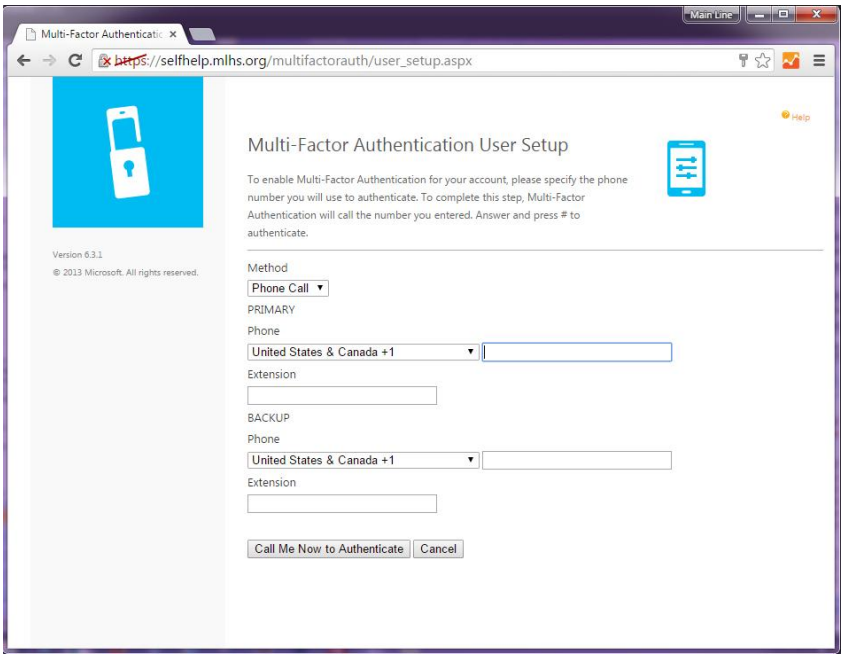
1. Open your internet browser and navigate to https://selfhelp.mlhs.org/multifactorauth/.

2. Log in to the portal with your MLH Network ID and Network Password.
   Please contact the Help Desk at 484.596.HELP (4357) if you need your ID and Password.



3. Register your primary and backup phone you will use to authenticate.

4. Press the button to authenticate.



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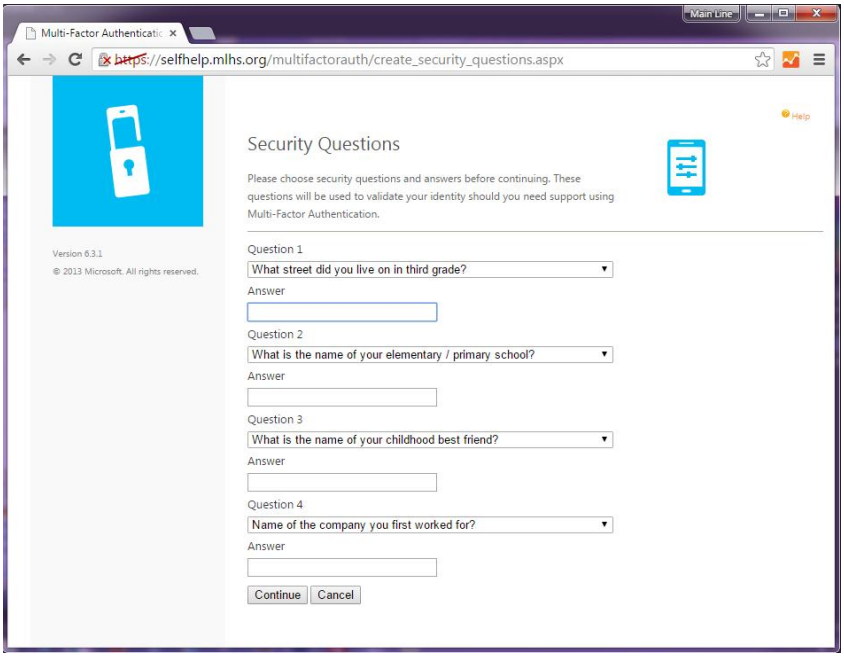
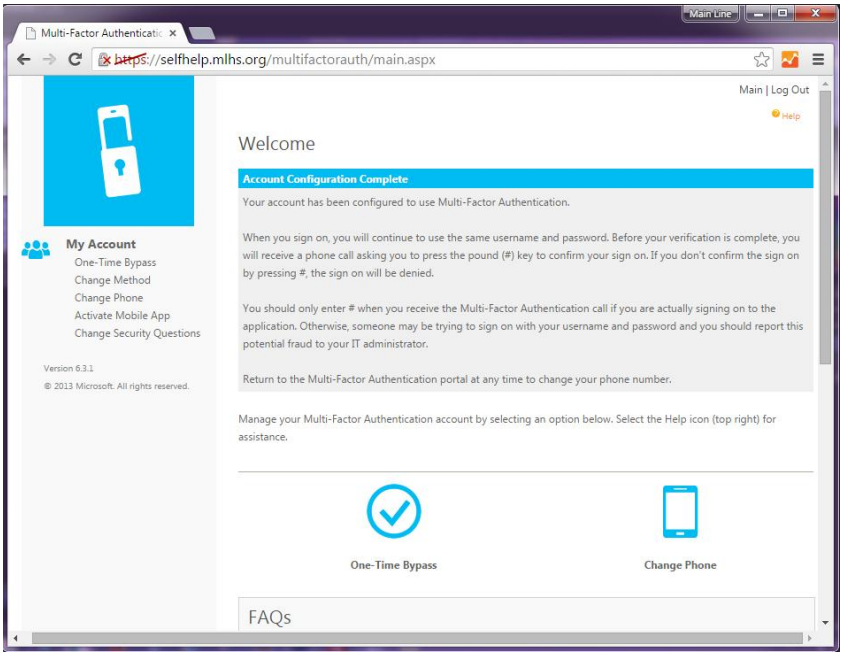
5. Complete the security questions and press continue.



6. The registration has been completed. This webpage can be visited at anytime to change a phone number or the security questions.