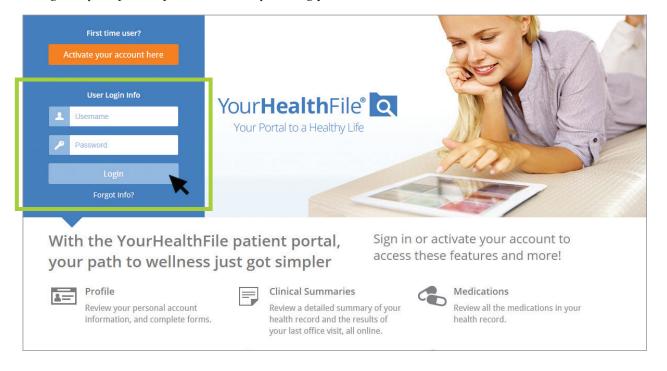
## YourHealthFile Patient Portal



## How to export your health information

1. Log into your patient portal account by visiting yourhealthfile.com.



## 2. Navigate to Review Medical Record.

Your <b>Health</b> File® Q		ACCOUNT SETTINGS ED LOG OUT		
Welcome to YourHealthFile		Patient Chart: LAST NAME, FIRST NAME 💄 🔹		
		O New Messages		
Request a Medication Refill	Review Medical Record	Message a Doctor		
		-		
Contact Us				

3. You will be taken to a page showing a history of visits, medications, conditions, results and more.

From here, clicking the orange **Download** button will provide you with a complete export of your portal records within a "zip" file, including a PDF file which can be saved or printed for your records.

Your <b>Health</b> File	° Q			PRINT PAGE	€>LOG OU
LAST NAME, FIRST NAME	💶 · Pat	ient Summary	for: LAST, FIRST		
Patient Account	Start	Date End	Date		
Patient Appointments	C MM/		M/DD/YYYY 🛗 Download	Amend My Record	
Documents	ТЕ	T PHAM	n		
Review Medical Record	Dat Sex	e of birth: :	April 22, 1984 Female		
Patient Summary	Lan Rac	guage: :e:	English Asian		
Allergies		nicity: cument Created:	Not Hispanic or Latino January 22, 2018, 12:00:40, PST		
Immunizations		hor ntact info	Doctor Name Street Address		
Medical History			City, State Zip Tel: 484-555-1212		
Medications					
Office Visits	Tab	le of Contents			
Orders		ALLERGIES, ADVERSE RE MEDICATIONS	ACTIONS, ALERTS		
Problem List	•	PROBLEMS PROCEDURES			