



<b>FAMILY HISTORY: List anyone in your family (parents, grandparents, sisters, brothers, children, aunts, uncles) who have or had:</b>							
<i>Has anyone in your family had:</i>	<i>Who?</i>	<i>Mom's side</i>	<i>Dad's side</i>	<i>Has anyone in your family had:</i>	<i>Who?</i>	<i>Mom's side</i>	<i>Dad's side</i>
Breast disease/cancer				Blood Clots – Legs? Lungs?			
Osteoporosis				High cholesterol, lipids, etc.			
Diabetes				Colon cancer			
Heart attack before age 50				Prostate cancer			
Cervical cancer				Other cancers			
Uterine cancer				Birth defects/genetic problems/traits			
Ovarian cancer				<i>Is there any other family history we should be aware of?</i>			
Alzheimer's disease							
High blood pressure							
Strokes				<input type="checkbox"/> <b>I am adopted – birth family history unknown</b>			
Is your: Father: <input type="checkbox"/> Living <input type="checkbox"/> Deceased - cause of death:							
Mother: <input type="checkbox"/> Living <input type="checkbox"/> Deceased – cause of death:							

<b>PERSONAL HISTORY - Have YOU ever had:</b>					
	YES	NO		YES	NO
High blood pressure			Have you had cholesterol screening? If yes, when was your last screening		
Mitral valve prolapse			Have you had a mammogram? If so, when was your last one?		
Diabetes			Have you had a colonoscopy? Date:		
Cancer			Have you had a bone density (DEXA)? Date:		
Vaginal infections (yeast, bacterial)			Do you smoke or have you ever smoked? If yes, ____ Cigarettes ____ Cigars #of packs per day ____ packs/cigarettes If yes, at what age did you start smoking? ____ If you are a former smoker, at what age did you stop smoking? ____		
Pain or bleeding with sex			Do you drink alcohol/beer/wine? If yes, how often do you drink? ____ <1 drink per day ____ 1-2 drinks/day ____ 2 or more drinks/day ____ 1-2 drinks/month		
Sexually transmitted diseases (syphilis, gonorrhea, genital herpes, chlamydia, trichomonas, genital warts, etc.)			Do you exercise? If yes, how often? ____ times per week If yes, what type of exercise do you do?		
Infections of uterus, tubes, ovaries, PID			Do you use seatbelts in the car?		
Other problems with uterus/tubes (fibroids)			Do you have firearms in your home?		
Abnormal pap smear			Have you ever had or are you currently in a relationship in which there was physical, sexual or psychological abuse?		
Did your mother take diethylstilbestrol (DES) while pregnant with you?			Do you use recreational drugs? If yes, what type? _____ How often do you use them? _____		
Thyroid disease			<b>HAVE YOU EVER HAD THESE VACCINES:</b>		
Hormonal problems, abnormal hair growth				Flu (influenza)	
Acne			Herpes zoster (shingles) (age ≥ 60 years)		
Migraines			Pneumonia (age ≥ 60 years)		
Epilepsy, convulsions, fainting			Hepatitis A		
Strokes			Hepatitis B		
Heart disease/murmurs/rheumatic fever			Gardasil (ages 9-26)		
Liver disease (Hepatitis B or C, mono)					
Lung problems (tuberculosis, asthma, bronchitis)					
Blood problems (anemia, sickle cell)					
High blood fats (cholesterol, lipids, etc)					
Loss of urine					
Pain or bleeding with urination					
Gallbladder disease/stones					
Stomach or bowel pain or problems					
Breast problems (lumps, tumors, cysts, nipple discharge, cancer)					
Psychiatric/emotional problems?					
Mental depression?					



**MENSTRUAL HISTORY**

First day of your last menstrual period: _____	Age of your first period: _____
If you are menopausal, have you had bleeding? _____ Yes _____ No	
If you are menopausal, have you ever used hormone therapy? _____ Yes _____ No	
Periods come every _____ days	
Number of days of flow: _____	
<b>Questions about your Period</b>	<b>Yes</b> <b>No</b>
Was your most recent period normal?	<input type="checkbox"/> <input type="checkbox"/>
Do you think you may be pregnant?	<input type="checkbox"/> <input type="checkbox"/>
Do you ever miss periods?	<input type="checkbox"/> <input type="checkbox"/>
Do you ever bleed between periods?	<input type="checkbox"/> <input type="checkbox"/>
Do you take medication for pain? <i>Name of Medication:</i> _____	

**SEXUAL AND CONTRACEPTIVE HISTORY**

Are you sexually active? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Sexual Orientation: ___ Bisexual ___ Heterosexual ___ Homosexual ___ Transgender		
Partner(s) ___ Male ___ Female ___ Both		
Are you using birth control now? <input type="checkbox"/> No <input type="checkbox"/> Yes : Type:		
___ Condoms ___ Depo Injections ___ Diaphragm		
___ IUD ___ Nexplanon ___ Nuvaring		
___ Patch ___ Tubal Ligation ___ Vasectomy		
___ Pills <i>Name:</i> _____		
<b>PLEASE CHECK ALL CONTRACEPTIVE METHODS USED BY YOU OR YOUR PARTNER</b>		
<b>v</b>	<b>Type</b>	<b>Date Used</b>
<input type="checkbox"/>	Pills	
<input type="checkbox"/>	IUD/Coil	
<input type="checkbox"/>	Diaphragm	
<input type="checkbox"/>	Tubal Ligation	
<input type="checkbox"/>	Vasectomy	
<input type="checkbox"/>	Other	

**CONTRACEPTIVE METHOD PROBLEMS**

Yes	No	BIRTH CONTROL PILL
<input type="checkbox"/>	<input type="checkbox"/>	Headaches
<input type="checkbox"/>	<input type="checkbox"/>	Blurred, double vision
<input type="checkbox"/>	<input type="checkbox"/>	Pain, swelling of legs
<input type="checkbox"/>	<input type="checkbox"/>	Chest pain, shortness of breath
<input type="checkbox"/>	<input type="checkbox"/>	Abdominal pain
<input type="checkbox"/>	<input type="checkbox"/>	Jaundice
<input type="checkbox"/>	<input type="checkbox"/>	Severe depression
		<b>IUD</b>
<input type="checkbox"/>	<input type="checkbox"/>	Abdominal pain
<input type="checkbox"/>	<input type="checkbox"/>	Unusual vaginal bleeding
<input type="checkbox"/>	<input type="checkbox"/>	Fever or chills
		<b>DIAPHRAGM</b>
<input type="checkbox"/>	<input type="checkbox"/>	Unusual vaginal discharge
<input type="checkbox"/>	<input type="checkbox"/>	Discomfort
<input type="checkbox"/>	<input type="checkbox"/>	Urinary tract infections

**PAP SMEAR/EXAM/PROBLEMS**

Date of last pap smear: _____	Result _____
<input type="checkbox"/> Yes <input type="checkbox"/> No    Do you have symptoms of infection (itching, burning, discharge?)	