



Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Date: \_\_\_\_\_

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<b>FAMILY HISTORY: List anyone in your family (parents, grandparents, sisters, brothers, children, aunts, uncles) who have or had:</b>							
<i>Has anyone in your family had:</i>	<i>Who?</i>	<i>Mom's side</i>	<i>Dad's side</i>	<i>Has anyone in your family had:</i>	<i>Who?</i>	<i>Mom's side</i>	<i>Dad's side</i>
Breast disease/cancer				Blood Clots – Legs? Lungs?			
Osteoporosis				High cholesterol, lipids, etc.			
Diabetes				Colon cancer			
Heart attack before age 50				Prostate cancer			
Cervical cancer				Other cancers			
Uterine cancer				Birth defects/genetic problems/traits			
Ovarian cancer							
Alzheimer's disease				<i>Is there any other family history we should be aware of?</i>			
High blood pressure							
Strokes				<input type="checkbox"/> <b>I am adopted – birth family history unknown</b>			
Is your: Father: <input type="checkbox"/> Living <input type="checkbox"/> Deceased - cause of death:							
Mother: <input type="checkbox"/> Living <input type="checkbox"/> Deceased – cause of death:							

<b>PERSONAL HISTORY - Have YOU ever had:</b>					
	YES	NO		YES	NO
High blood pressure			Have you had cholesterol screening? If yes, when was your last screening		
Mitral valve prolapse			Have you had a mammogram? If so, when was your last one?		
Diabetes			Have you had a colonoscopy? Date:		
Cancer			Have you had a bone density (DEXA)? Date:		
Vaginal infections (yeast, bacterial)			Do you smoke or have you ever smoked?		
Pain or bleeding with sex			If yes, _____ Cigarettes _____ Cigars		
Sexually transmitted diseases (syphilis, gonorrhea, genital herpes, chlamydia, trichomonas, genital warts, etc.)			#of packs per day _____ packs/cigarettes		
Infections of uterus, tubes, ovaries, PID			If yes, at what age did you start smoking? _____		
Other problems with uterus/tubes (fibroids)			If you are a former smoker, at what age did you stop smoking? _____		
Abnormal pap smear			Do you drink alcohol/beer/wine?		
Did your mother take diethylstilbestrol (DES) while pregnant with you?			If yes, how often do you drink?		
Thyroid disease			____<1 drink per day _____1-2 drinks/day		
Hormonal problems, abnormal hair growth			____2 or more drinks/day _____1-2 drinks/month		
Acne			Do you exercise?		
Migraines			If yes, how often? _____ times per week		
Epilepsy, convulsions, fainting			If yes, what type of exercise do you do?		
Strokes			Do you use seatbelts in the car?		
Heart disease/murmurs/rheumatic fever			Do you have firearms in your home?		
Liver disease (Hepatitis B or C, mono)			Have you ever had or are you currently in a relationship in which there was physical, sexual or psychological abuse?		
Lung problems (tuberculosis, asthma, bronchitis)			Do you use recreational drugs?		
Blood problems (anemia, sickle cell)			If yes, what type? _____		
High blood fats (cholesterol, lipids, etc)			How often do you use them? _____		
Loss of urine			<b>HAVE YOU EVER HAD THESE VACCINES:</b>		
Pain or bleeding with urination			Flu (influenza)		
Gallbladder disease/stones			Herpes zoster (shingles) (age ≥ 60 years)		
Stomach or bowel pain or problems			Pneumonia (age ≥ 60 years)		
Breast problems (lumps, tumors, cysts, nipple discharge, cancer)			Hepatitis A		
Psychiatric/emotional problems?			Hepatitis B		
Mental depression?			Gardasil (ages 9-26)		

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**SURGERIES, HOSPITALIZATIONS OR OTHER MEDICAL CONDITIONS**

Type of Surgery/Hospitalization/Medical Condition	Dates occurred	Why was it done (surgery)?

**PLEASE LIST ANY ALLERGIES TO MEDICATIONS**

MEDICATION NAME	ALLERGIC REACTION YOU EXPERIENCED

**OTHER ALLERGIES (foods, metals or other substances):**

Substance Name	ALLERGIC REACTION YOU EXPERIENCED

**MEDICATIONS YOU CURRENTLY TAKE (PRESCRIPTION, OVER-THE-COUNTER, VITAMINS, HERBAL SUPPLEMENTS)**

Medication Name	Dosage	Reason you take it

*(If your medication list exceeds this area, feel free to attach your list on a separate paper)*

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#### MENSTRUAL HISTORY

First day of your last menstrual period: _____		Age of your first period: _____	
If you are menopausal, have you had bleeding? _____ Yes _____ No			
If you are menopausal, have you ever used hormone therapy? _____ Yes _____ No			
Periods come every _____ days			
Number of days of flow: _____			
Questions about your Period		Yes	No
Was your most recent period normal?			
Do you think you may be pregnant?			
Do you ever miss periods?			
Do you ever bleed between periods?			
Do you take medication for pain?			
Name of Medication: _____			

#### SEXUAL AND CONTRACEPTIVE HISTORY

Are you sexually active? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Sexual Orientation: _____ Bisexual _____ Heterosexual _____ Homosexual _____ Transgender		
Partner(s) _____ Male _____ Female _____ Both		
Are you using birth control now? <input type="checkbox"/> No <input type="checkbox"/> Yes : Type:		
_____ Condoms _____ Depo Injections _____ Diaphragm		
_____ IUD _____ Nexplanon _____ Nuvaring		
_____ Patch _____ Tubal Ligation _____ Vasectomy		
_____ Pills Name: _____		
PLEASE CHECK ALL CONTRACEPTIVE METHODS USED BY YOU OR YOUR PARTNER		
<b>v</b>	<b>Type</b>	<b>Date Used</b>
	Pills	
	IUD/Coil	
	Diaphragm	
	Tubal Ligation	
	Vasectomy	
	Other	

#### CONTRACEPTIVE METHOD PROBLEMS

Yes	No	BIRTH CONTROL PILL
		Headaches
		Blurred, double vision
		Pain, swelling of legs
		Chest pain, shortness of breath
		Abdominal pain
		Jaundice
		Severe depression
		<b>IUD</b>
		Abdominal pain
		Unusual vaginal bleeding
		Fever or chills
		<b>DIAPHRAGM</b>
		Unusual vaginal discharge
		Discomfort
		Urinary tract infections

#### PAP SMEAR/EXAM/PROBLEMS

Date of last pap smear: _____	Result _____
<input type="checkbox"/> Yes <input type="checkbox"/> No Do you have symptoms of infection (itching, burning, discharge?)	

Revised 09/01/2016