

To refer patients to the Bryn Mawr Rehab Hospital Orthopedic Rehabilitation Program, have your case manager at the acute care hospital call us at 484.596.6000.

Bryn Mawr Rehab Hospital, a member of Main Line Health, is a leader in the field of physical medicine and rehabilitation. The 148-bed, non-profit hospital, offers a continuum of rehabilitation services, including acute inpatient care, as well as outpatient services for adults and adolescents. The range of illnesses and injuries treated at BMRH includes traumatic, mild traumatic and non-traumatic brain injury, stroke and other neurological disorders, spinal cord injury, amputee and orthopedic injuries and illnesses. In addition, Main Line Health Outpatient Rehab Network provides rehabilitation services at convenient locations in Philadelphia's western suburbs for patients of all ages.

Our specialized services include Aquatic Therapy, Driver Rehab, Horticultural Therapy, Work Hardening, Assistive Technology, Post-concussive treatment and Vestibular (balance) Therapy.

Each year we treat nearly 3,000 inpatients and more than 100,000 outpatient visits, making us one of the largest providers of physical medicine and rehabilitation services in the region.



Well ahead.



Orthopedic Rehabilitation Program

Outcome Report July 2012 - June 2013

At Bryn Mawr Rehab Hospital, we treat a wide range of orthopedic conditions. including bilateral joint replacements, fractures, and other injuries. Services are designed to build strength and endurance, restore functional mobility, improve performance of daily activities, and manage pain. We provide a continuum of care, including acute inpatient programs, outpatient services, Orthopedic Day Program, community re-entry services and support groups. Our comprehensive program of care ensures our patients receive the most appropriate treatment based on their injury and their personal needs.

Our patients receive a minimum of three hours of combined physical and occupational therapy at least five out of seven days. Additional services, such as higher intensity physical and occupational therapy, speech pathology. psychology, cognitive retraining, recreational therapy and other services are provided based on our assessment of each patient's individual needs

For more information about this report or the Orthopedic Rehabilitation Program, please call 484.596.5400.

STATISTICS

Discharges	847 patients
Average Age	67 years old
Average LOS	9 days
Average Days from Referral to Inpatient Admission:	1 days

DIAGNOSTIC MIX PATIENT MIX Joint Replacement Female 11% Fracture of Lower Extremity 11% 18.5% Orthopedic 18.5% 61% 55% 45% Multiple Fractures 10.5%

Results

Functional Outcomes

On admission, patients in our Orthopedic Rehabilitation Program need minimal assistance to complete activities of daily living. They can complete most of each daily task on their own but require some physical assistance for more difficult tasks.

On average, patients discharged from the Orthopedic Rehabilitation Program require only supervision. They can complete most of the physical work involved in daily tasks, but need someone with them to make sure they are safe and able to complete the tasks.

Result

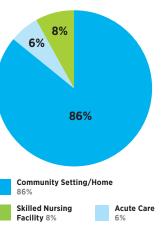
98% of our patients met their goals at discharge.

Discharge

Most patients who receive intensive, inpatient therapy as part of our comprehensive Orthopedic Rehabilitation Program are admitted from an acute care hospital. Prior to their injury or illness, most individuals were living at home and were employed, in school or retired.

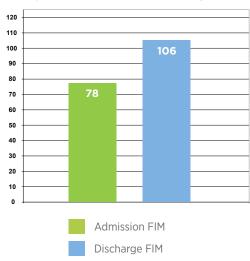
Following discharge from Bryn Mawr Rehab Hospital, 86% of our patients were able to return home; 8% required ongoing care at a skilled nursing facility; and 6% were re-admitted to an acute care hospital due to complications.





Functional Improvement

Orthopedic Rehabilitation Program



Result

Patients achieve overall functional improvement in our program.

Levels of FIM scoring

126 - Independent108-125 - Modified independent90-107 - Supervision

72-89 - Minimal assistance54-71 - Moderate assistance36-53 - Maximal assistance

under 36 - Dependent

Patient Satisfaction

The primary focus of our Orthopedic Rehabilitation Program is to provide the highest quality, personalized clinical patient care. There are many factors that contribute to success, including our outstanding clinical care team of physicians, nurses and therapists, as well as a calming, healing environment.

