To refer patients to the Bryn Mawr Rehab Hospital Brain Injury Rehabilitation Program, have your case manager at the acute care hospital call us at 484.596.6000.

Bryn Mawr Rehab Hospital, a member of Main Line Health, is a leader in the field of physical medicine and rehabilitation. The 148-bed, non-profit hospital, offers a continuum of rehabilitation services, including acute inpatient care, as well as outpatient services for adults and adolescents. The range of illnesses and injuries treated at BMRH includes traumatic, mild traumatic and non-traumatic brain injury, stroke and other neurological disorders, spinal cord injury, amputee and orthopedic injuries and illnesses. In addition, Main Line Health Outpatient Rehab Network provides rehabilitation services at convenient locations in Philadelphia's western suburbs for patients of all ages.

Our specialized services include Aquatic Therapy, Driver Rehab, Horticultural Therapy, Work Hardening, Assistive Technology, Post-concussive treatment and Vestibular (balance) Therapy.

Each year we treat nearly 3,000 inpatients and more than 100,000 outpatient visits, making us one of the largest providers of physical medicine and rehabilitation services in the region.

Bryn Mawr Rehab Hospital
Main Line Health

Well ahead.®

Bryn Mawr Rehab Hospital • 414 Paoli Pike • Malvern, PA 19355 • 484.596.5400 • brynmawrrehab.org

BMRH-1/13.5H

Bryn Mawr Rehab Hospital
Main Line Health

Brain Injury Rehabilitation Program

Outcome Report July 2012 - June 2013

Bryn Mawr Rehab Hospital was one of the first rehabilitation institutions in the country to treat brain injuries and illnesses. We provide a continuum of care including acute inpatient programs, outpatient services, an intensive outpatient and Neurologic Day Program, community re-entry services and support groups. Our comprehensive program of care ensures our patients receive the most appropriate treatment based on their injury and their personal needs.

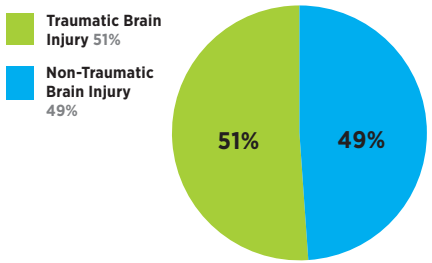
Our patients receive a minimum of three hours of combined physical and occupational therapy at least five out of seven days. Additional services, such as higher intensity physical and occupational therapy, speech pathology, psychology, cognitive retraining, recreational therapy and other services are provided based on our assessment of each patient's individual needs.

For more information about this report or the Brain Injury Rehabilitation Program, please call 484.596.5400.

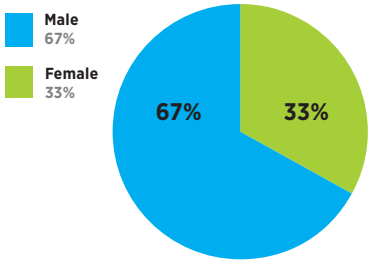
STATISTICS

Discharges	311 patients
Average Age	62 years old
Number of Adolescents	4
Adolescents Age Range	16-18
Average LOS	21 days
Average Days from Referral to Inpatient Admission:	3 days

DIAGNOSTIC MIX



PATIENT MIX



Results

Functional Outcomes

Patients who suffer brain injuries usually require significant help to perform activities of daily living (ADLs), including dressing, walking and transfers. On admission, our patients require an average of maximum assistance to complete tasks involved in daily life; this means they are able to complete less than half of each daily task on their own.

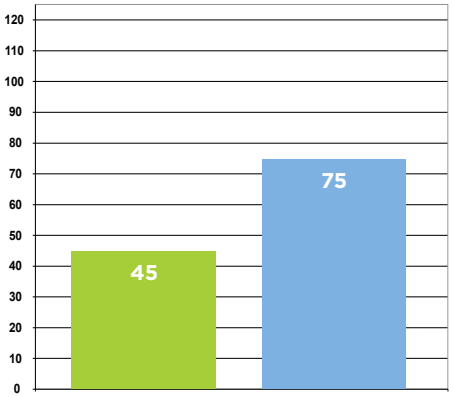
On average, patients discharged from the Brain Injury Rehabilitation Program require moderate assistance to complete activities of daily living. This means our patients can complete most of each daily task, but they may require some physical assistance for more difficult tasks.

Result

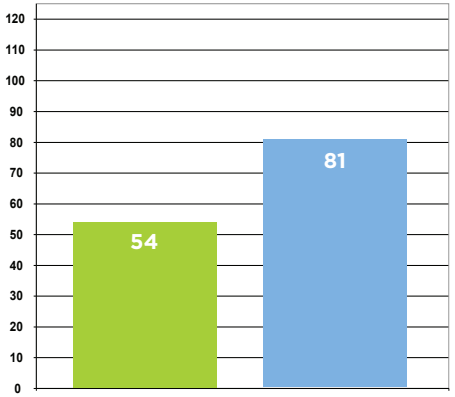
95.5% of our patients met their goals at discharge.

Functional Improvement

Traumatic Brain Injury



Non-Traumatic Brain Injury



Admission

Discharge

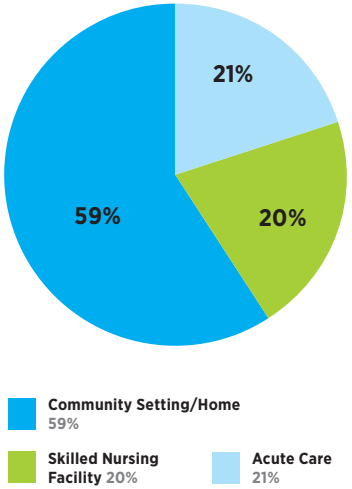
Levels of FIM scoring

126 -	Independent
108-125 -	Modified independent
90-107 -	Supervision
72-89 -	Minimal assistance
54-71 -	Moderate assistance
36-53 -	Maximal assistance
under 36 -	Dependent

Discharge

Most patients who receive intensive, inpatient therapy as part of our comprehensive Brain Injury Rehabilitation Program are admitted from an acute care hospital where they stayed for an average of two to three weeks. Prior to that, most were living at home with family members, working in full-time jobs or attending school.

Following discharge from Bryn Mawr Rehab Hospital, 59% of our patients were able to return to a home environment; 20% required ongoing care at a skilled nursing facility; and 21% were re-admitted to an acute care hospital due to complications or other factors.



Patient Satisfaction

The primary focus of our Brain Injury Rehabilitation Program is to provide the highest quality, personalized clinical patient care. There are many factors that contribute to success, including our outstanding clinical care team of physicians, nurses and therapists, as well as a calming, healing environment.

95% of our patients rated their overall care as good or excellent

93% of our patients said they would definitely recommend Bryn Mawr Rehab Hospital to others