



Paoli Hospital

Main Line Health

WHAT TO BRING TO THE HOSPITAL

Because this surgery is elective and geared toward improving the quality of your life, you are not considered a “sick” patient, but a “well” person with an unhealthy joint. Therefore, we will be making every effort to assist you on the road to recovery and wellness. We **encourage you to wear your own clothes in the hospital**. We recommend clothes that are comfortable and loose-fitting instead of a hospital gown. Supportive, comfortable shoes with closed toes are important. In addition, please bring:

Into the hospital as you arrive for surgery...

- a list of your medications with dosages.
- Eye glasses/Hearing aid with case – to hold while in the OR
- ID (driver’s license) and insurance card
- CPap or BPap machine – if using one at home while you sleep (for sleep apnea)
- Advanced Directive or Living Will if you have one - a copy if you wish (form at www.caringinfo.org)
- Hospital Copay – Call your insurance company for this information

Leave in the car for later...(unless you are coming in on your own)

- Clothes - Comfortable clothes that are easy to pull on and off – Light layers for the top, lounge wear or athletic/elastic waist shorts, socks, personal needs (toothpaste, brush, make-up, deodorant, etc...) Supportive, well fitted shoes (sneakers are great!)
- Discharge planning - Bring a list of your 1st and 2nd choices
- A hand held mirror– (optional)
- Book or newspaper

Do not bring ...

- your own medications to the hospital – (exceptions are non formulary only i.e. – eye drops and emergency inhalers)
- money or credit cards– (\$5 is enough to buy a magazine or newspaper if you want to) –**Pay any hospital co pays as you check in to the hospital**
- Jewelry – do not wear it in the day of surgery – nothing at all
- Electronics – Please minimize what you bring - the Ortho unit is wireless so a cell phone is fine...remember to label your phone charger!
- Slippers – not supportive enough