

Suggested Readings

Council, T. (1993). Art therapy with pediatric cancer patients: helping normal children cope with abnormal circumstances. *Journal of the American Art Therapy Association*, 10(2), 78-87.

Dibbel-Hope, S. (2000). The use of dance/movement therapy in psychological adaptation to breast cancer. *The arts in psychotherapy*, 27, 51-68.

Favara-Scacco, C., Smirne, G., & DiCataldo, A. (2001). Art therapy as support for children with leukemia during painful procedures. *Medical and Pediatric Oncology*, 36, 474-480.

Gabriel, B., Bromberg, E., Vandenbovenkamp, J., Walka, P., Kornblith, A., & Luzzatto, P. (2001). Art therapy with adult bone marrow transplant patients in isolation: a pilot study. *Psycho-Oncology*, 10, 114-123.

Goodill, S. (2005a). An Introduction to Medical Dance/Movement Therapy: Health Care in Motion (pp. 132-139). Philadelphia: Jessica Kingsley Publishers.

Ho, R.T.H. (2005). Effects of dance movement therapy on Chinese cancer patients: A pilot study in Hong Kong. *The Arts in Psychotherapy*, 32, 337-345.

Minar, V. (1999). Art therapy and cancer: images of the hurtler and healer. In C. Malchiodi (Ed.), *Medical art therapy with adults* (pp.227-242). London: Jessica Kingsley Publishers, Ltd.

Rollins, J. A. (2005). Tell Me about it: Drawing as a Communication Tool for Children with Cancer. *Journal of Pediatric Oncology*, 22(4), 203-221.

Serlin, I.A., Classen, C., Frances, B., & Angell, K. (2000). Symposium: Support groups for women with breast cancer: Traditional and alternative expressive approaches. *The Arts in Psychotherapy*, 27, 123-138.

Sandel, S.L, Judge, J.O., Landry, N., Faria, L., Ouellette, R., & Majczak, M. (2005). Dance and movement program improves quality-of-life measures in breast cancer survivors. *Cancer Nursing*, 28(4), 301-309.

Creative Arts Therapies

Creative Arts Therapists are human service professionals who use arts modalities and creative processes for the purpose of relieving symptoms of disability and illness and optimizing health and wellness. Treatment outcomes include, for example, improving communication and expression, and increasing physical, emotional, cognitive and/or social functioning.

There are more than 10,000 Creative Art Therapists practicing in the United States and around the world. Creative Arts Therapy organizations have been active in this country for over 50 years, and the National Coalition of Arts Therapies Associations (NCATA) was founded 25 years ago.*

Creative Arts Therapies Address Major Social Issues

The Creative Arts Therapies make a difference for people with...

Mental health needs: Creative Arts Therapies can make the difference between resistance and relationship. Creative Arts Therapies create non-threatening group and individual arts experiences for the exploration of feelings and therapeutic issues, such as self-esteem or personal insight.

Chronic illness: Creative Arts Therapies can make the difference between chronic pain and comfort. Creative Arts Therapists plan arts experiences to distract people from pain and facilitate needed relaxation.

Physical disabilities: Creative Arts Therapies can make the difference between frustration and fulfillment. Creative Arts Therapists design arts experiences to promote rehabilitative goals and to increase motivation.

Creative Arts Therapies help to relieve stress, anxiety, fatigue, and depression. A patient can feel more empowered, with a greater sense of control over their experience and their healthcare. Dance/movement therapy establishes a stronger connection to the body, and

Services Offered at Paoli Hospital Cancer Center

Art Therapy

Art therapy integrates the fields of human development, visual art and the creative process with models of counseling and psychotherapy. The creative process of art making improves and enhances the physical, mental and emotional well-being of individuals of all ages.

Art therapy is a complementary modality for those living with cancer and their loved ones. No previous artistic experience is needed in order to benefit from these programs.

For more information please call or email:

610 637 6517
marydonald@verizon.net