
Main Line HealthCare

Main Line Gynecologic Oncology Dilation and Curettage (D&C/Hysteroscopy) Discharge Instructions

Division of Gynecologic
Oncology

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What to Expect

It is normal to have light bleeding. This can occur immediately after the procedure or in a few days.

It is normal to experience some mild cramping after the procedure but this usually does not last for more than a few days. You may take Acetaminophen (Tylenol) or Ibuprofen (Motrin, Advil) as directed for pain.

Activity

Please do not get in a swimming pool, hot tub or tub bath for at least 2-3 days after your procedure.

Please delay sexual intercourse for at least 5-7 days.

You may resume normal activities in 1-2 days. Please wait an additional 1-2 days for strenuous exercise.

PLEASE CALL THE OFFICE AT 610-649-8085 IF YOU EXPERIENCE ANY OF THE FOLLOWING:

- Heavy bleeding (using one pad an hour)
- Fever greater than 101.0
- Foul smelling vaginal discharge
- Worsening pain or any other concerns

INITIAL: _____

DATE: _____