BMRH.3/14.SH

To refer patients to the Bryn Mawr Rehab Hospital Spinal Cord Disorders Rehabilitation Program, have your case manager at the acute care hospital call us at 484.596.6000.

Bryn Mawr Rehab Hospital, a member of Main Line Health, is a leader in the field of physical medicine and rehabilitation. The 148-bed, non-profit hospital, offers a continuum of rehabilitation services, including acute inpatient care, as well as outpatient services for adults and adolescents. The range of illnesses and injuries treated at BMRH includes traumatic and mild traumatic brain injury, stroke and other neurological disorders, spinal cord injury, amputee and orthopedic injuries and illnesses. In addition, Main Line Health Outpatient Rehab Network provides rehabilitation services at convenient locations in Philadelphia's western suburbs for patients of all ages.

Our specialized services include Aquatic Therapy, Driver Rehab, Horticultural Therapy, Work Hardening, Assistive Technology, Post-concussive treatment and Vestibular (balance) Therapy.

Each year we treat nearly 3,000 inpatients and more than 100,000 outpatient visits, making us one of the largest providers of physical medicine and rehabilitation services in the region.

Bryn Mawr Rehab Hospital
Main Line Health

Well ahead.®

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Bryn Mawr Rehab Hospital
Main Line Health

Spinal Cord Disorders Rehabilitation Program

Outcome Report July 2012 – June 2013

Bryn Mawr Rehab Hospital has an innovative Spinal Cord Disorders Rehabilitation Program that focuses on the individual needs of each patient. We provide a continuum of care including acute inpatient programs, outpatient services, an intensive outpatient and Neurologic Day Program, community re-entry services and support groups. Our comprehensive program of care ensures our patients receive the most appropriate treatment based on their injury and their personal needs.

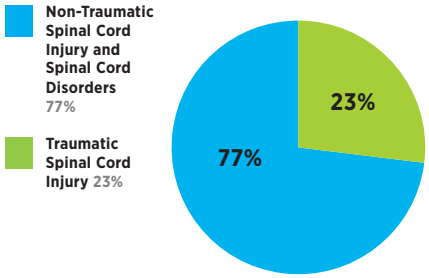
Our patients receive a minimum of three hours of combined physical and occupational therapy at least five out of seven days. Additional services, such as higher intensity physical and occupational therapy, speech pathology, psychology, cognitive retraining, recreational therapy and other services are provided based on our assessment of each patient's individual needs.

For more information about this report or the Spinal Cord Disorders Rehabilitation Program, please call 484.596.5400.

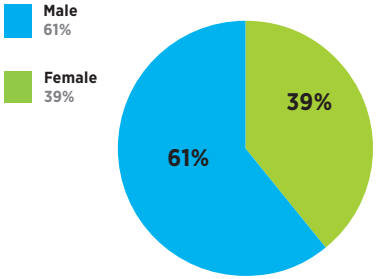
STATISTICS

Discharges	120 patients
Average Age	59 years old
Average LOS	17 days
Average Days from Referral to Inpatient Admission:	2 days

DIAGNOSTIC MIX



PATIENT MIX



Results

Functional Outcomes

On admission, patients in our Spinal Cord Disorders Rehabilitation Program need moderate assistance to complete activities of daily living, including getting dressed, walking and getting in and out of bed. This means they can complete about one-half of the tasks on their own.

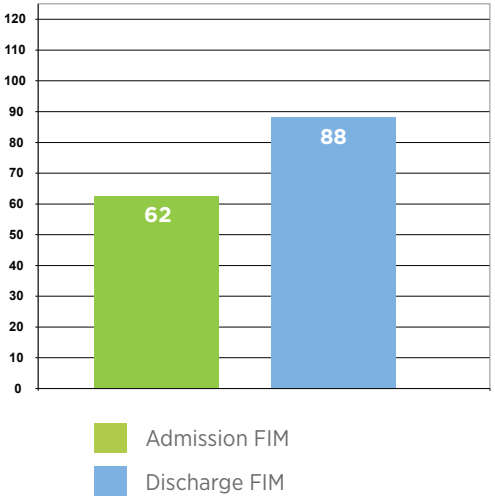
On average, by discharge most patients require only minimal assistance, and can complete most of the tasks involved in daily life with someone to help make them stay safe. For many individuals, we help improve overall health, stabilize medical conditions and prevent secondary complications.

Result

92% of our patients met their goals at discharge.

Functional Improvement

Spinal Cord Disorders Rehabilitation Program



Result

Patients achieve overall functional improvement in our program.

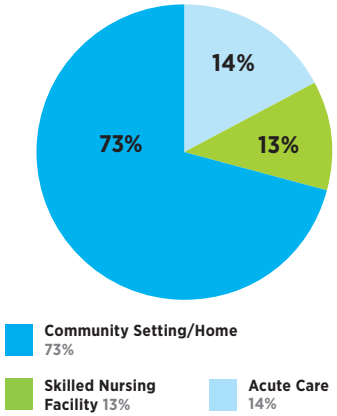
Levels of FIM scoring

126 - Independent
108-125 - Modified independent
90-107 - Supervision
72-89 - Minimal assistance
54-71 - Moderate assistance
36-53 - Maximal assistance
under 36 - Dependent

Discharge

Most patients who receive intensive, inpatient therapy as part of our comprehensive Spinal Cord Disorders Rehabilitation Program are admitted from an acute care hospital. Prior to their injury or illness, most individuals were living at home and were employed, in school or retired.

Following discharge from Bryn Mawr Rehab Hospital, 73% of our patients were able to return home; 13% required ongoing care at a skilled nursing facility; and 14% were re-admitted to an acute care hospital due to complications.



Patient Satisfaction

The primary focus of our Spinal Cord Disorders Rehabilitation Program is to provide the highest quality, personalized clinical patient care. There are many factors that contribute to success, including our outstanding clinical care team of physicians, nurses and therapists, as well as a calming, healing environment.

100% of our patients rated their overall care as good or excellent

100% of our patients said they would definitely recommend Bryn Mawr Rehab Hospital to others