To refer patients to the Bryn Mawr Rehab Hospital Medical Rehabilitation Program, have your case manager at the acute care hospital call us at 484.596.6000.

Bryn Mawr Rehab Hospital, a member of Main Line Health, is a leader in the field of physical medicine and rehabilitation. The 148-bed, non-profit hospital, offers a continuum of rehabilitation services, including acute inpatient care, as well as outpatient services for adults and adolescents. The range of illnesses and injuries treated at BMRH includes traumatic, mild traumatic and non-traumatic brain injury, stroke and other neurological disorders, spinal cord injury, amputee and orthopedic injuries and illnesses. In addition, Main Line Health Outpatient Rehab Network provides rehabilitation services at convenient locations in Philadelphia's western suburbs for patients of all ages.

Our specialized services include Aquatic Therapy, Driver Rehab, Horticultural Therapy, Work Hardening, Assistive Technology, Post-concussive treatment and Vestibular (balance) Therapy.

Each year we treat nearly 3,000 inpatients and more than 100,000 outpatient visits, making us one of the largest providers of physical medicine and rehabilitation services in the region.

Bryn Mawr Rehab Hospital
Main Line Health
Well ahead.®

Bryn Mawr Rehab Hospital • 414 Paoli Pike • Malvern, PA 19355 • 484.596.5400 • brynmawrrehab.org

BMRH-1/14 SH

Bryn Mawr Rehab Hospital
Main Line Health

Medical Rehabilitation Program

Outcome Report July 2012 – June 2013

The Medical Rehabilitation Program at Bryn Mawr Rehab Hospital is a comprehensive rehabilitation program dedicated to medically complex conditions, including pulmonary and cardiac conditions, cancer, transplants, general deconditioning from long-term hospitalization and other conditions. We provide a continuum of care, including acute inpatient services, outpatient services, Neurologic Day Program, community re-entry services and support groups. Our comprehensive program of care ensures our patients receive the most appropriate treatment based on their injury and their personal needs.

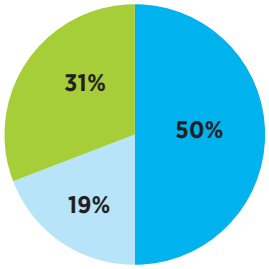
Our patients receive a minimum of three hours of combined physical and occupational therapy at least five out of seven days. Additional services, such as higher intensity physical and occupational therapy, speech pathology, psychology, cognitive retraining, recreational therapy and other services are provided based on our assessment of each patient's individual needs.

For more information about this report or the Medical Rehabilitation Program, please call 484.596.5400.

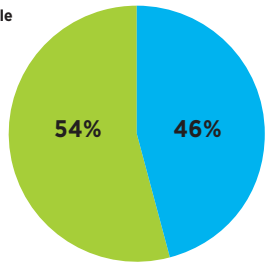
STATISTICS

Discharges	227 patients
Average Age	72 years old
Average LOS	13.9 days
Average Days from Referral to Inpatient Admission:	2 days

DIAGNOSTIC MIX



PATIENT MIX



Results

Functional Outcomes

On admission, patients in our Medical Rehabilitation Program need moderate assistance to complete activities of daily living, including getting dressed, walking and getting in and out of bed. This means they can complete about one-half of the tasks on their own.

On average, patients discharged from the Medical Rehabilitation Program require only supervision. For many individuals, we help improve overall health, stabilize medical conditions and prevent secondary complications.

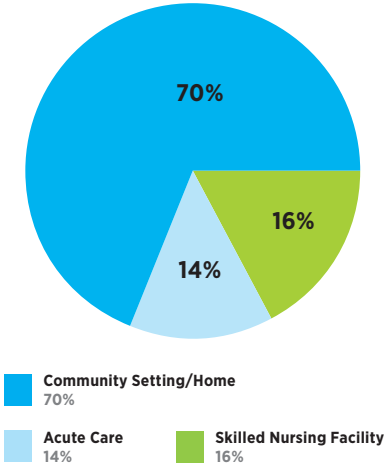
Result

96% of our patients met their goals at discharge.

Discharge

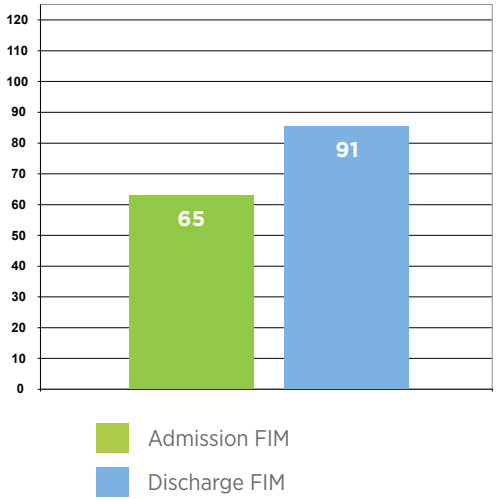
Most patients who receive intensive, inpatient therapy as part of our comprehensive Medical Rehabilitation Program are admitted from an acute care hospital where they stayed for several days to several weeks. Prior to that, most individuals were living at home, either alone or with family members.

Following discharge from Bryn Mawr Rehab Hospital, 70% of our patients were able to return home; 16% required ongoing care at a skilled nursing facility; and 14% were re-admitted to an acute care hospital due to medical instability.



Functional Improvement

Medical Rehabilitation Program



Result

Patients achieve overall functional improvement in our program.

Levels of FIM scoring

126 -	Independent
108-125 -	Modified independent
90-107 -	Supervision
72-89 -	Minimal assistance
54-71 -	Moderate assistance
36-53 -	Maximal assistance
under 36 -	Dependent

Patient Satisfaction

The primary focus of our Medical Rehabilitation Program is to provide the highest quality, personalized clinical patient care. There are many factors that contribute to success, including our outstanding clinical care team of physicians, nurses and therapists, as well as a calming, healing environment.

100% of our patients rated their overall care as good or excellent

94% of our patients said they would definitely recommend Bryn Mawr Rehab Hospital to others