## PET & PET/CT CENTERS

BRYN MAWR HOSPITAL

LANKENAU HOSPITAL

PAOLI HOSPITAL

APPOINTMENTS: 610-526-2200

Mandatory information \*

FOUNDERS BUILDING 101 S. Bryn Mawr Avenue Bryn Mawr, PA 19010 100 Lancaster Avenue Wynnewood, PA 19096 21 Industrial Blvd Paoli, PA 19301 FAX: 610-526-8399

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Name (Last)		(First)		(MI)	
AddressCity		Home F	hone ()	Height _	
City	StateZip	Work Pl	none ()	Weight _	
Social Security #		Birth Da	te//	Male Fem	ale
	P	HYSICIAN INFO	RMATION		
*Referring Physician				Phone ( )	
Address				Fax( )	
Copy of Report to					
		MEDICAL INDI	CATIONS		
*Medical Diagnosis					
*ICD-9 Codes					
PET Brain	□ 78608	PET/CT	Limited Area	□ 78814	
PET Skull	□ 78812	PET/CT	Skull - Mid Thigh	□ 78815	
PET Whole Body	□ 78813	PET/CT	Whole Body	□ 78816	
·	w/o contra	ast w/contra	ast with/without	t	
CT Brain	□ 70450	□ 70460	□ 70470		
CT Neck Soft Tissue	□ 70490	□ 70491	□ 70492		
CT Chest (Thorax)	□ 71250	□ 71260	□ 71270		
CT Abdomen	□ 74150	□ 74160	□ 74170		
CT Pelvis	□ 72192	□ 72193	□ 72194		
CT Other					
Previous CT/MR Scans (	Date)/	_/ If not at Ma	in Line Health facilit	y, FAX COPY O	F REPORT
TO: 610-526-8399. If po	ssible, please pro	vide most recent office	notes supporting PE	T scanning medic	al necessity.
CANCER THERAPY:					
□ Radiation Ther	apy $(RT)$	Anatomic SiteName of Drug	Date Com	pleted/	/
<ul><li>Chemotherapy</li></ul>		Name of Drug	Date of	Cycle/	_/
Other Medical History		Current	Meds		
Is the patient diabetic?	Is th	ie patient claustropho	bic?		
Recent Surgery		Recent	Infection		
Physician Signature				Date/	/
TO SCHEDULE PET SCAL	N, PLEASE FAX I	REQUISITION FORM (A	AND MRI/CT REPOR	T) BACK TO: 610-	-526-8399.

Main Line Health Imaging

## PET & PET/CT CENTERS

Dear	Date	/	,	'
Dour.	Duit _			

Your physician has ordered a Positron Emission Tomography (PET) Scan or Positron Emission Tomography (PET) and Computerized Tomography (CT) scan for you. PET and PET/CT scans are performed to help your doctor appropriately plan treatment for your medical condition.

#### **PREPARATION**

- You are required to fast four (4) hours prior to your appointment time (no food or drink, **excluding** water). You may take any medications you need to take with water. We encourage a high protein, low carbohydrate meal prior to you scan. If you last meal prior to your scan is breakfast, a good choice would be cottage cheese, eggs or egg whites, bacon, sausage and coffee if desired. NO JUICE of any kind. If your last meal prior to the PET scan is dinner, some good choices would be grilled steak, chicken or fish. Foods to avoid are pasta, bread and rice. Avoid beverages containing sugar.
- If you are diabetic and take insulin, do NOT fast. Eat a regular low fat, low carbohydrate meal and take your usual dose of insulin.
- Avoid beverages that contain sugar.
- Drink at least 3 large glasses of water the night before the exam and an additional 3 glasses the day of your exam.
- Refrain from all exercise 48 hours prior to the scan in order to decrease muscle activity on the scan.
- If your CAT scan, MRI or previous PET scan was not performed at one of the Main Line Health facilities, you must bring in your films (or copies) with you the day of the scan. (If you are unsure, please call 610-526-2200)

You can expect to be in the PET or PET/CT Center about 2 hours. The actual scan itself takes less than an hour.

## THE PROCEDURE

To begin your procedure, a small amount of radioactive glucose is injected into a vein in your arm. There is no danger to you from this injection. After the injection, you will wait approximately one hour, while the injected material is distributed throughout your body. Then you will be asked to lie on a table that passes slowly through the scanner. If you are having a PET/CT Scan, the scanner consists of the CT gantry followed by the PET gantry. If your physician has ordered a diagnostic CT, this will be performed immediately following the PET or PET/CT. You may or may not receive an additional injection based upon your physician's order. The diagnostic CT should only take an additional 10 minutes of imaging.

You should feel fine following the exam. There are no side effects from the injected tracer.

YOUR APPOINTMENT
Your appointment is scheduled forAM/PM, on/
Please make an effort to arrive at least 15 minutes prior to your appointment. Registration will take place at
Results from your PET scan will be available to your
physician within 48 hours of the exam. The PET isotope is specially ordered for you and your particular study
24 hours before your exam. It can not be reused! Therefore, should you need to cancel your appointment, it is
important that you call at least one day in advance. If, for any reason, you are unable to keep your appointment
please notify us as soon as possible by calling 610-526-2200.
We look forward to serving you.
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Questions? Call: 610-526-2200 FAX: 610-526-8399

# Main Line Health Imaging