



BMRH/14 SH



Stroke Rehabilitation Program

Outcome Report July 2013 – June 2014

Bryn Mawr Rehab Hospital has a comprehensive, dedicated stroke rehabilitation program and is a leading provider of physical and cognitive rehabilitation services. We provide a continuum of care including acute inpatient services, outpatient services, an intensive outpatient and Neurologic Day Program, community re-entry services and support groups. Our comprehensive program of care ensures our patients receive the most appropriate treatment based on their injury and their personal needs.

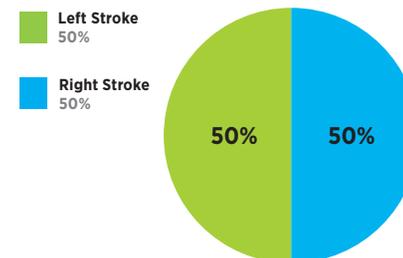
Our patients receive a minimum of three hours of combined physical and occupational therapy at least five out of seven days. Additional services, such as higher intensity physical and occupational therapy, speech pathology, psychology, cognitive retraining, recreational therapy and other services are provided based on our assessment of each patient's individual needs.

For more information about this report or the Stroke Rehabilitation Program, please call 484.596.5400.

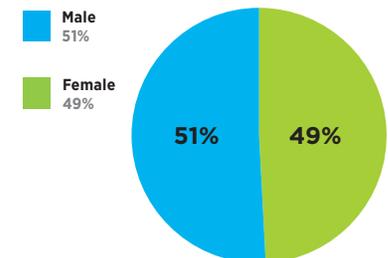
STATISTICS

Discharges	673 patients
Average Age	72 years old
Average LOS	19 days
% of patients evaluated within 1 day of referral to BMRH:	95%

DIAGNOSTIC MIX



PATIENT MIX



To refer patients to the Bryn Mawr Rehab Hospital Stroke Rehabilitation Program, have your care manager at the acute care hospital call us at 484.596.6000.

Bryn Mawr Rehab Hospital, a member of Main Line Health, is a leader in the field of physical medicine and rehabilitation. The 148-bed, non-profit hospital, offers a continuum of rehabilitation services, including acute inpatient care, as well as outpatient services for adults and adolescents. The range of illnesses and injuries treated at BMRH includes traumatic, mild traumatic and non-traumatic brain injury, stroke and other neurological disorders, spinal cord injury, amputee and orthopedic injuries and illnesses. In addition, Main Line Health Outpatient Rehab Network provides rehabilitation services at convenient locations in Philadelphia's western suburbs for patients of all ages.

Our specialized services include Aquatic Therapy, Driver Rehab, Horticultural Therapy, Work Hardening, Assistive Technology, Post-concussive treatment and Vestibular (balance) Therapy.

Each year we treat nearly 3,000 inpatients and more than 100,000 outpatient visits, making us one of the largest providers of physical medicine and rehabilitation services in the region.



Results

Functional Outcomes

On admission, our stroke patients require an average of moderate assistance to complete tasks involved in daily life.

This means they are able to complete less than half of each daily task on their own.

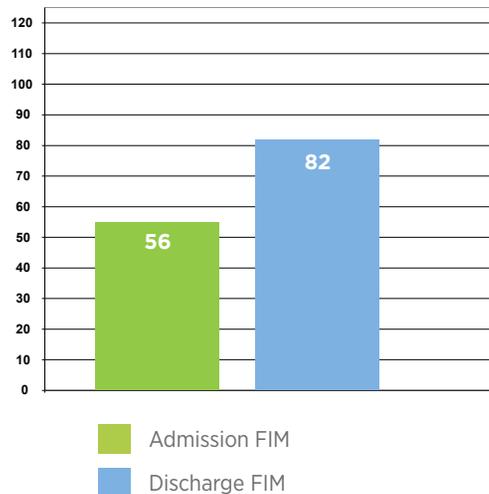
On average, patients discharged from the Stroke Rehabilitation Program can perform most of each daily task on their own and require only minimal assistance to complete the task.

Result

98.4% of our patients met their goals at discharge.

Functional Improvement

Stroke Rehabilitation Program



Result

Patients achieve overall functional improvement in our program.

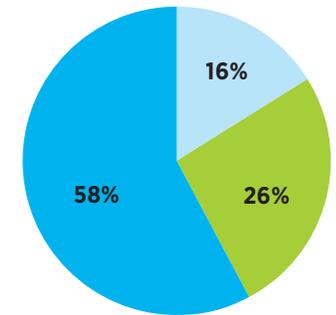
Levels of FIM scoring

- 126 - Independent
- 108-125 - Modified independent
- 90-107 - Supervision
- 72-89 - Minimal assistance
- 54-71 - Moderate assistance
- 36-53 - Maximal assistance
- under 36 - Dependent

Discharge

Most patients who receive intensive, inpatient therapy as part of our comprehensive Stroke Rehabilitation Program are admitted from an acute care hospital where they stayed following the onset of the stroke. Other patients are admitted from home or skilled nursing facility and participate in our **Second Chance Stroke Program**. For these patients, Bryn Mawr Rehab Hospital is their first opportunity to benefit from a comprehensive stroke rehabilitation program. Prior to their stroke, most individuals were living at home, some worked and some were retired.

Following discharge from Bryn Mawr Rehab Hospital, 58% of our patients were able to return home; 26% required ongoing care at a skilled nursing facility; and 16% were re-admitted to an acute care hospital due to complications.



Patient Satisfaction

The primary focus of our Stroke Rehabilitation Program is to provide the highest quality, personalized clinical patient care. There are many factors that contribute to success, including our outstanding clinical care team of physicians, nurses and therapists, as well as a calming, healing environment.

96% of our patients rated their overall care as good or excellent



96% of our patients said they would definitely recommend Bryn Mawr Rehab Hospital to others

